

KNOWLEDGE ORGANISERS

YEAR 7



HOMework

EXPECTATIONS

Homework is an essential part of the learning process. It reinforces what you've learned in class, helps you develop good study habits, and teaches you to work independently. Valuing homework and creating a positive homework culture is essential for academic success. By following a schedule, staying organised, seeking help if needed, and maintaining a positive attitude, you can make homework a productive and rewarding part of your education.

On the next page is a homework schedule which outlines which subjects you will self-quizzing on each night and how much time you should spend on this. We are trialling this schedule for Learning Cycle 1, and will be taking feedback from students to inform Learning Cycle 2. This is a two week timetable for Weeks A and B. You can expect the key knowledge each week to be assessed during your Do Now activities the following week. Advice about self-quizzing can be found after your schedule.

We also recognise the importance of having time to spend with friends and family, and for pursuing your own hobbies and interests, which is why we have deliberately kept Fridays lighter.

YEAR 7

- We expect you to spend 1 hour on English and Maths, 30 mins on Science and 15 minutes on other subjects.
- For Sparx Maths, this will always be set on a Tuesday and you should spend an hour on this homework. You will need to login to Sparx Maths to access this.



YEAR 7

HOMWORK SCHEDULE

Between 30 and 60 minutes per night = 4 hours per week

Week A	60 minutes	15 minutes	15 minutes	15 minutes
Monday		Science		Music
Tuesday	Sparx Maths			
Wednesday		History	Languages	Art
Thursday	English			
Friday		Food / Technology	Geography	



Sparx Maths

Week B	60 minutes	15 minutes	15 minutes	15 minutes
Monday		Science		RE
Tuesday	Sparx Maths			
Wednesday		History	Languages	PE
Thursday	English			
Friday		Computer Science	Geography	



MEM
RiSE

LONG-TERM MEMORY

Your memory is split into two parts:

1 the working memory

the long-term memory 2

Everybody's working-memory is limited, and can therefore become easily overwhelmed. Your long-term memory, on the other hand, is effectively limitless.

You can support your working memory by storing key facts and processes in long-term memory. These facts and processes can then be **retrieved**, to stop your working memory becoming overloaded.

Knowledge Organisers (KOs) are a key way to help you learn. Each KO has the key information that needs to be memorised to help you master your subject and be successful in lessons.

There is strong scientific evidence from cognitive psychology that shows the benefits of **self-quizzing** in promoting **retrieval strength**. This is your ability to recall facts related to your subject or topic.

SELF-QUIZ

There are lots of different ways to **learn** the material in your knowledge organiser. Use the QR codes to find out more.

1. Make **flashcards** based on the knowledge organiser and ask someone to quiz you.
2. Create a **revision clock**. Draw a clock and add the topic in the middle. Break the clock face into 10-minute sections. Add notes from the knowledge organiser in each section. Cover the clock face and recite the information aloud.
3. **Look - Cover - Write - Check**. Cover up one section of the knowledge organiser and try to write out as much information as you can from memory.
4. Draw a **mind map**, jotting down everything that you can remember from the knowledge organiser.
5. Make up **mnemonics** to help you remember key facts, then write these out from memory.



FLASHCARDS



L-C-W-C

MIND
MAPS

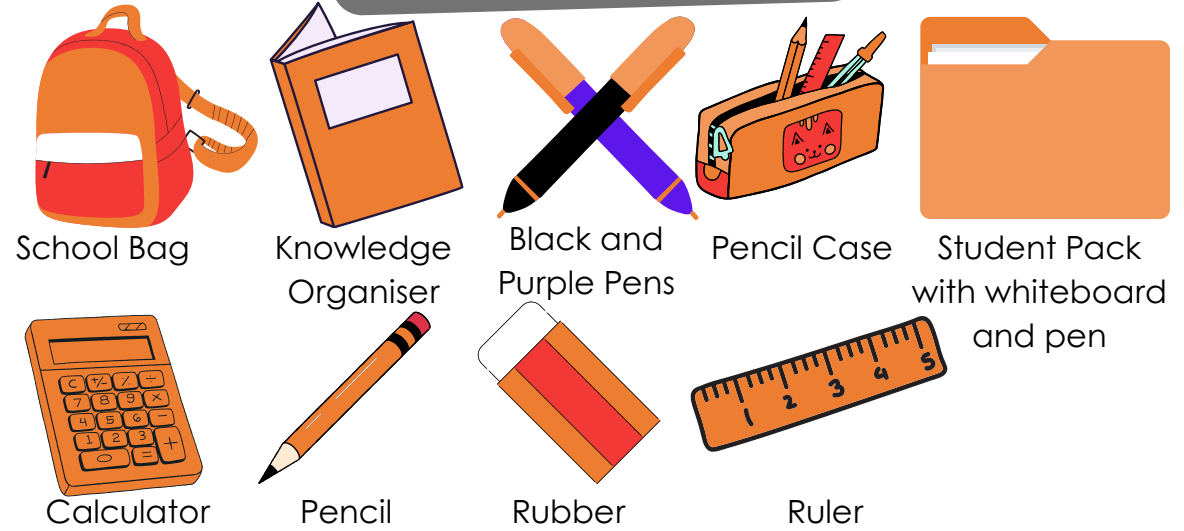


SCHOOL DAY

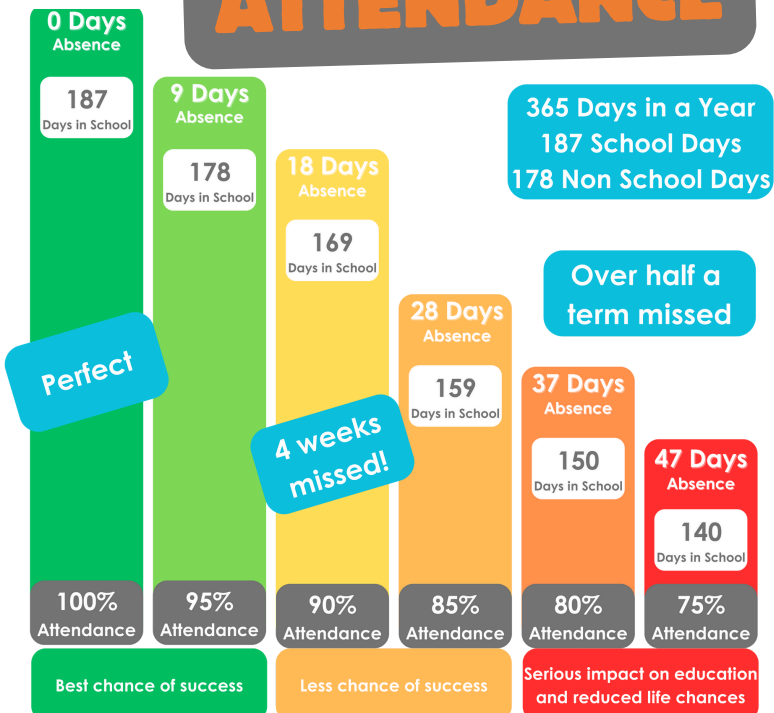
08:50am Tutor Time
 09:25am Lesson 1
 10.40am Break 1
 11:10am Lesson 2
 12:25pm Lesson 3
 1.40pm Break 2
 2.10pm Lesson 4
 3.25pm End of School Day



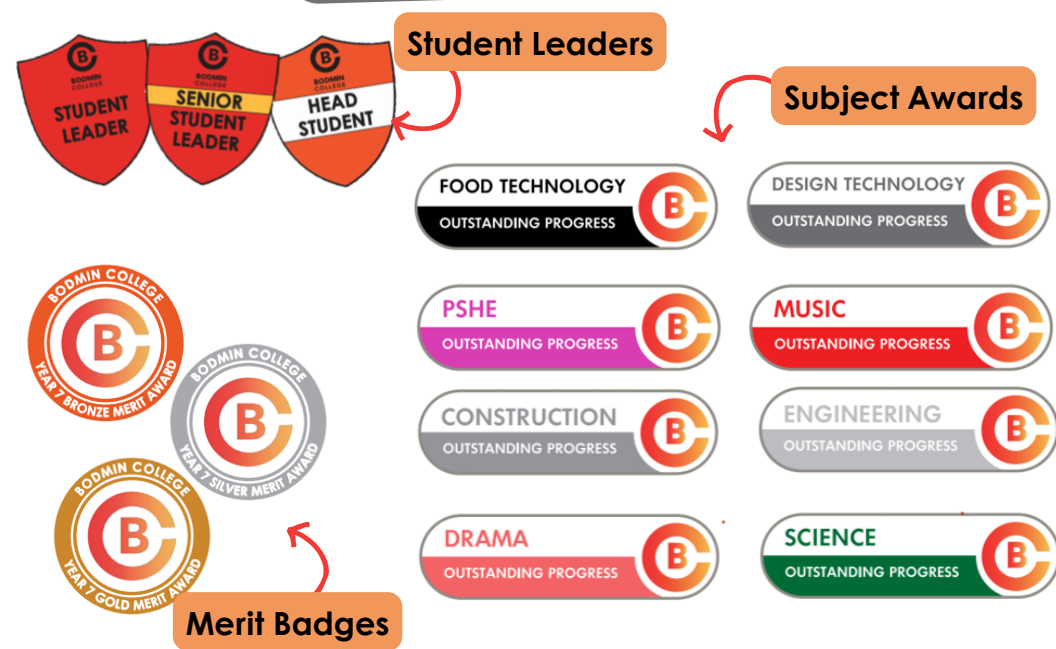
EQUIPMENT



ATTENDANCE



REWARDS

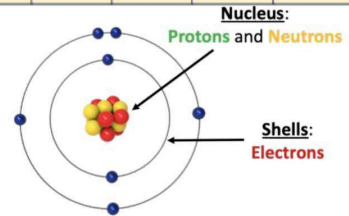
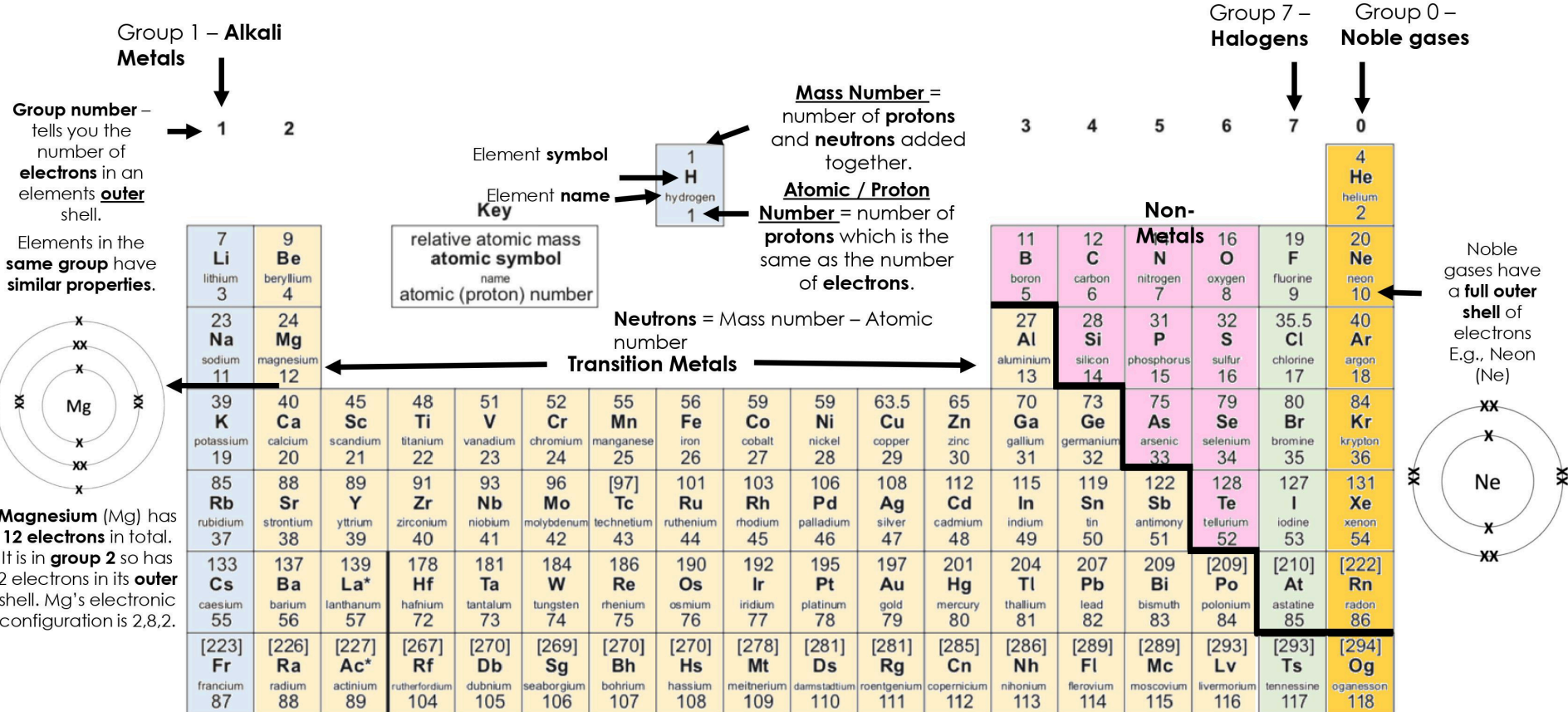


TIMETABLE

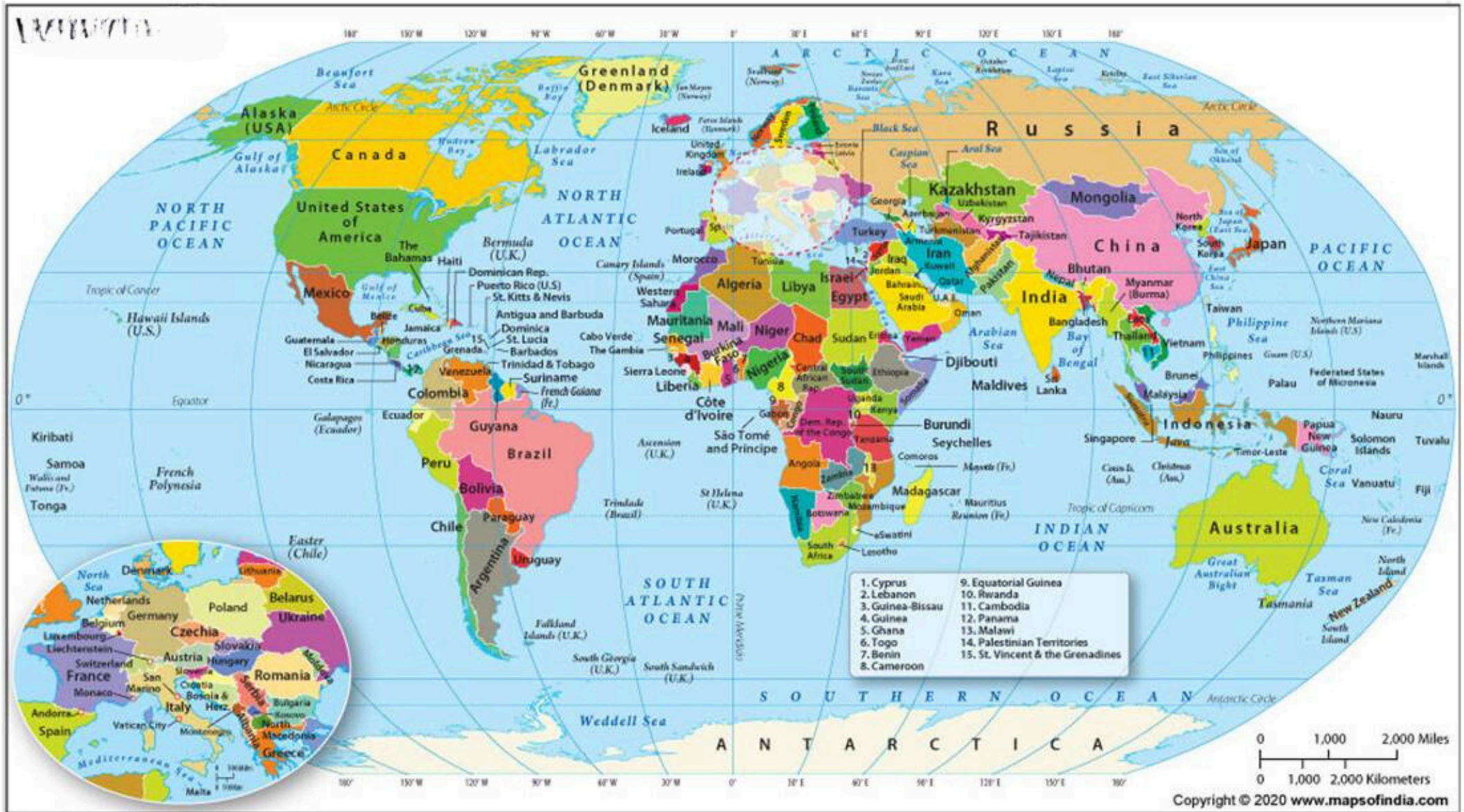
	A Mon	A Tue	A Wed	A Thu	A Fri
T					
1					
2					
3					
4					

	B Mon	B Tue	B Wed	B Thu	B Fri
T					
1					
2					
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THE PERIODIC TABLE OF THE ELEMENTS



WORLD MAP



**IMPORTANT
DATES**

September

October

November

December

January

February

March

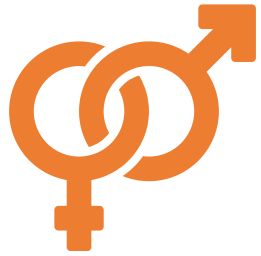
April

May

June

July

PROTECTED CHARACTERISTICS



Sex



Sexual Orientation



Age



Disability



Gender Reassignment



Marriage and Civil Partnership



Pregnancy and Maternity



Race



Religion or belief

BRITISH VALUES



Democracy

- I can **influence** the decisions that affect me in the school
- I can work **effectively** with others in the school

Liberty

- I am **free to think** as I see fit
- I have the freedom to **make choices** that affect me but I **recognise** I am **accountable** for **all my actions**



Respect

- I recognise that **everyone is entitled** to their opinion as long as it **does not promote extremism**
- I understand that everyone is **entitled to a voice** within the classroom and I will **listen to others**

Law

- I understand that the school **rules** are used to mirror **society laws** and must be respected
- I recognise that there will be **consequences for my actions**

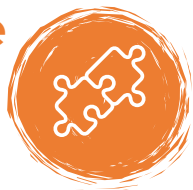


Responsibility

- I recognise that I am as **equally responsible** for my learning as the teacher
- I take **responsibility** for my actions - good or bad
- We **all** have a **responsibility to promote** and **protect** the wellbeing of others

Tolerance

- I recognise that it is **unacceptable** to dismiss the **beliefs** and **opinions** of anyone
- I understand that discussions about **sensitive issues** will be **controlled** and **structured**



STAYING SAFE AT SCHOOL

At Bodmin College we want to ensure that all of our students feel happy, safe and supported at all times. Everyone has a duty of care to safeguard your physical and mental health when at school.

During tutor and PSHE lessons you will be taught how to stay safe both in school, outside of school and online. There is always someone from the 'Safeguarding Team' to talk to during school hours, should you need to. However, you can talk to any member of staff that you feel comfortable talking to.

FULL STOP

Bullying is not ok and we need to work together to stop it from happening. 'Full Stop' is our online bullying report form, that allows you to report any occurrences of bullying, either in school, out of school, or online. You can complete the form through the QR code. A member of the pastoral team will then investigate the incident and behaviour sanctions will be issued if bullying has happened.

LANYARDS



All staff, visitors and sixth form students wear lanyards whilst on the college campus.

The purpose of lanyards are to keep our college campuses safe places to work and learn in. It is essential that all post-16 students, staff and visitors when on the college premises are easily identified and that we are aware of who everyone is on our campuses during all periods of the day. This is an important employability skill that you need to understand, as many sectors always require visible ID as a safeguarding requirement and a way of registering attendance.



ONLINE SAFETY

Staying safe online is really important, especially now that we have smartphones and devices connected to the internet all of the time.

In school we use a system called **Smoothwall** so monitor the use of computers and devices connected to the internet. This helps us to keep you and our school community safe.

There are lots of tips to help you keep safe online. Checkout out the SMART Rules here.



Staying Safe Online

Follow the SMART Rules

S

Do not **SHARE** or **SEND** personal information, passwords, images or videos of yourself. If anyone asks you for images or videos tell an adult straight away

M

Do not **MEET** anyone who you have only become friends with online. Even a friend of a friend is a stranger

A

Do not **ACCEPT** messages, images, videos or friend requests from people you do not know

R

Not everything you see online is **RELIABLE**. Find at least 3 different sources to check information is correct

T

TELL a trusted adult if something happens online that makes you feel worried or uncomfortable

Wellbeing

Signposting

External Support

See websites below:

kooth
Kooth.com

YOUNGMINDS
fighting for young people's mental health
Youngminds.org.uk

childline
ONLINE, ON THE PHONE, ANYTIME
Childline.org.uk


Intercom Trust
Intercomtrust.org.uk

Internal Pastoral Support
Tutor, Director of Key Stage,
Year Manager, Safeguarding Team

CLEAR
Emotional Trauma & Therapy Specialists
clearsupport.net


Youngpeoplecornwall.org

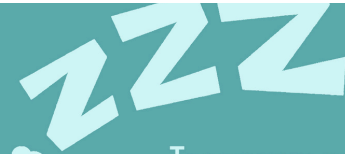

Penhaligonfriends.org.uk


Cornwallcarers.org.uk/
young-carers

withyou
wearewithyou.org.uk

MENTAL HEALTH & WELLBEING

Five self care tips



Get plenty of sleep

Teenagers need 8-10 hours of sleep per night



Maintain a healthy diet

Eating well – a balanced diet full of vegetables and nutrients – can improve your sense of well-being and mood



Exercise regularly

Even if it's just a walk around the block or to school - you'll feel better



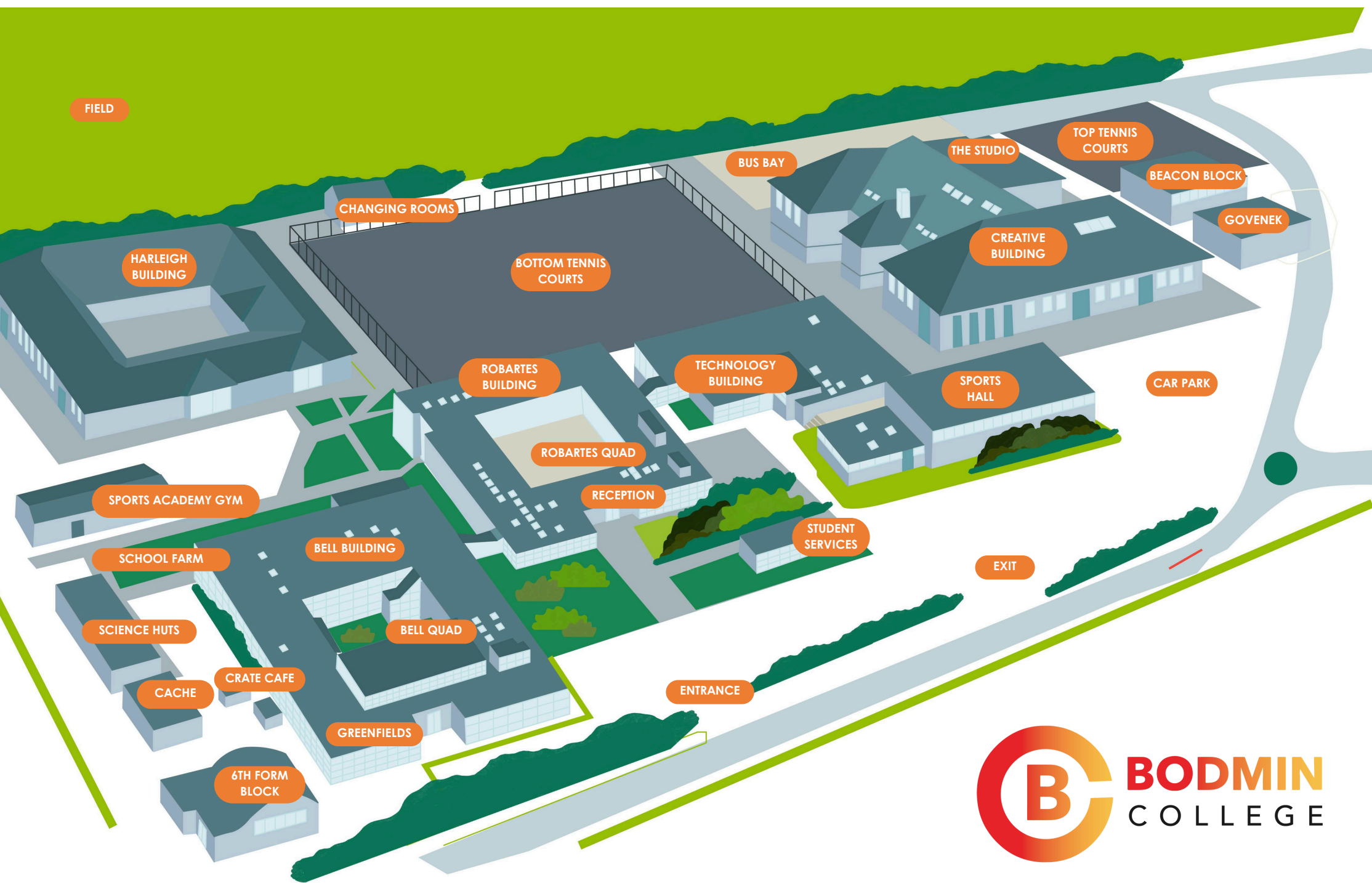
Talking can provide stress relief, and can lighten the load of a concern you might be having. Talking about a problem can help to stop you from feeling so overwhelmed.

"Talk to someone"

Make time for yourself

Whether it's reading, watching a film or having a bath, making time for yourself is essential

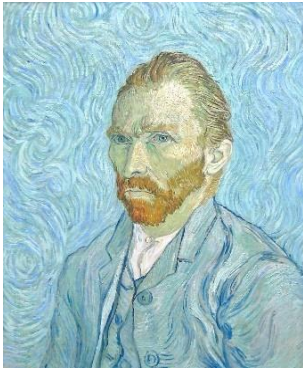




Weeks 1 and 2

Key Words

To see: To perceive with the eyes.
To observe.
To think: use one's mind to form connected ideas.



Weeks 3 and 4

Key Words

Line: A continuous mark.
Shape: A two-dimensional, enclosed area.
Proportion: The relative size of different parts of a drawing.
Form: The three-dimensional quality of an object.
Scale: The relative size of objects in a drawing.



Weeks 5 and 6

Key Words

Hatching: lines.
Cross-Hatching: crossed lines.
Stippling: dots.
Scumbling: Scribbles.

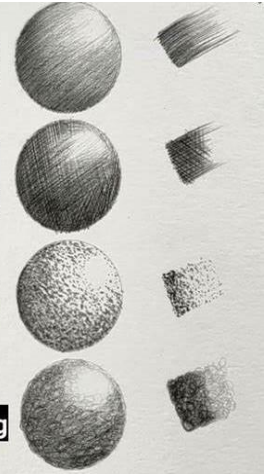
Enquiry task 3: Stretch & Challenge***
Draw an ear using these four techniques***

Hatching

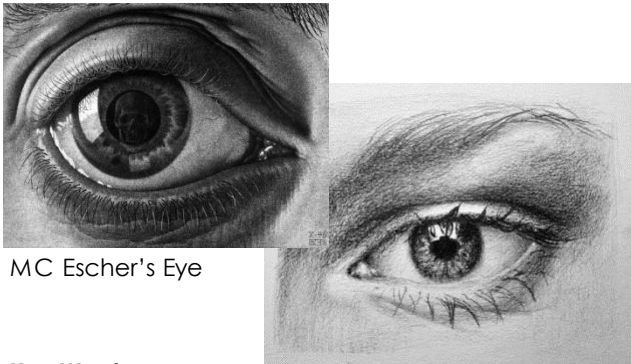
Cross Hatching

Stippling

Scumbling



Week 7 and 8



MC Escher's Eye

Key Words

Analyse: Examine something in detail, typically in order to explain and interpret it.
Mark-making: The process of creating lines, dots, marks, patterns, and textures on a surface in a drawing.

Weeks 9 and 10

Key Words

Primary Colours: Colours that cannot be created by mixing other colours together. These colours serve as the basis for creating all other colours. **Secondary Colours:** Colours that are created by mixing two primary colours together.
Tertiary Colours: Colours that are created by mixing a primary colour with a secondary colour adjacent to it on the colour wheel.
Complementary Colours: Colours that are opposite each other on the colour wheel.



Weeks 11 and 12



Key Words

Spectrum: A band of colours from the lightest/coolest to darkest/warmest.
Value: The lightness or darkness of a colour in a drawing or painting.
Hue: A variety of colour.

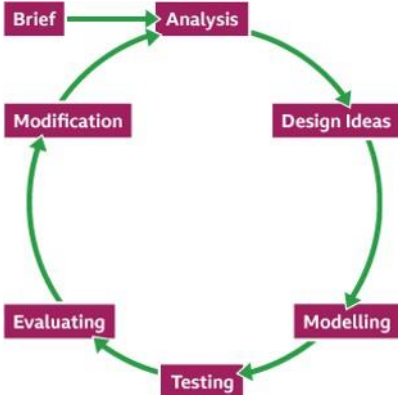


(Self. Attic 2011
– Rupert Bathurst)

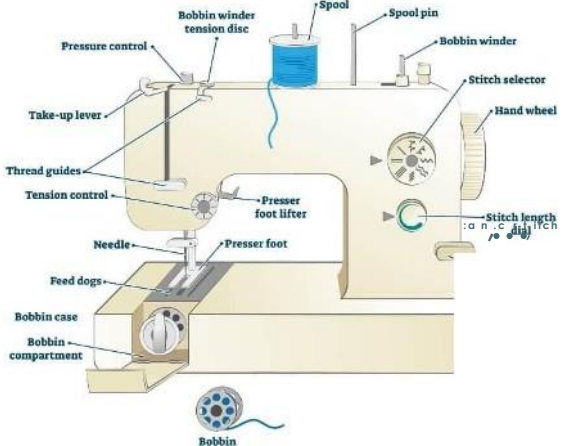
COMPUTER SCIENCE

Weeks 1 and 2		Weeks 3 and 4	Weeks 5 and 6
<p>Cyberbullying: Cyber bullying "involves the use of information and communication technologies to support deliberate, repeated, and hostile behaviour by an individual or group, that is intended to harm others."</p> <p>Social Networking : A social network service focuses on building and reflecting of social networks or social relations among people, e.g., who share interests and/or activities</p>		<p>Online Safety – Golden rules</p> <ol style="list-style-type: none"> 1. Don't post personal information online. 2. Think carefully about posting any images or videos of yourself. 3. Keep privacy settings as high as possible. 4. Keep your password safe. 5. Don't befriend people you don't know. 6. Don't meet up with people you have met online. 7. Think before you say. 8. Treat others with respect, don't be rude. 9. If you see something which makes you feel unsafe, scared or uncomfortable. Report it. 	<p>Input and Output Devices</p> <p>All the devices shown below (Mouse, keyboard, controller etc) are input devices. They all send data/instructions to the computer system. For example, the games controller will send directional data/instructions, the scanner will send image data and the microphone will send sound data to the system.</p>  <p>All of the devices shown below (Printer, monitor, Speakers and headphones) are output devices. They all output information (processed data) from the computer system to the user. For example, the monitor will display images and the speakers will output sound.</p> 
Weeks 7 and 8		Weeks 9 and 10	Weeks 11 and 12
CPU (Heat Sink and Fan)	<ul style="list-style-type: none"> - Known as the Brain of the computer - Responsible for processing data & instructions - Gets hot very quickly and so often comes with a heat sink and fan to extract the excess heat. 	<p>How does a computer actually work?</p> <ol style="list-style-type: none"> 1. Firstly, when you double click a program's icon, the mouse (input device) sends an instruction (input) to the CPU requesting that the program is loaded. 2. The CPU will decode this instruction and then execute it. Now, because all programs and files are stored in the hard drive, it sends a signal to the hard drive requesting that the program files are copied over to the RAM. 3. The hard drive accepts this request and loads the program onto the RAM. 4. The CPU can now directly access and process the program files, at speed, and as a result the program is open and ready to use by the computer user 	<p>The CPU</p> <ul style="list-style-type: none"> - It is known as the brain of the computer. - Its job is to process data, by carrying out calculations, performing logic and coordinating input and output signals. - It is located on the motherboard and will often have a heat sink and fan positioned on top of it, to keep it cool, as it gets very hot, when in use! <p>Clock Speed</p> <ul style="list-style-type: none"> - The CPU's speed is determined by its clock speed - This is the number of instructions the CPU can process in one second. - It is measured in Hertz (cycles per second). - CPUs currently run at about 3 Gigahertz, which means 3 billion Fetch-Decode-Execute cycles per second!
RAM	<ul style="list-style-type: none"> - The computer's short-term memory. - Stores programs that are currently in use. - Fast data access speeds - Needs electricity in order to store data 		
Hard Drive	<ul style="list-style-type: none"> - The computer's long-term memory. - All programs and user files are stored there. - Does not require electricity to store data. 		
Mother board	<ul style="list-style-type: none"> - Large circuit board which connects all of the other components together, allowing them to communicate with one another. - The CPU and RAM actually slot into this component. 		

DESIGN & TECHNOLOGY

Weeks 1 and 2	Weeks 3 and 4	Weeks 5 and 6
<ul style="list-style-type: none"> Iterative Design Cycle: The design process that is repeated (research, design generation, development, manufacture and evaluation), it ensures continuous improvement.  <ul style="list-style-type: none"> Design Brief: A short description outlining the product that needs to be designed (or problem that needs to be solved). Design Specification: A criterion that details the requirements of the design outcome. 	<p>Design ideas need to include:</p> <ul style="list-style-type: none"> Annotation: Labels explaining a design including the materials and processes that will be used. Rendering: Shading/colouring a design to make it look realistic. This is done in pencil. Evaluation: Advantages and disadvantages of an idea, this checks that it meets the Brief and Specification. <p>Top sketching tips:</p> <ul style="list-style-type: none"> Press lightly with your pencil, then you can remove any mistakes without leaving a trace. Use a ruler for straight lines. When you are happy with the sketch, you can then go over the light pencil lines by pressing down harder and creating darker more noticeable lines. Colour in by lightly pressing the colouring pencil. Build up colour by going over the same area until you are happy with the shade (how dark or light it is). 	<p>Design terms this lesson:</p> <ul style="list-style-type: none"> Embroidery Hand stitches used to add decoration. Applique Joining materials together for decorative purposes. Fibre Fibres or thread-like structures that are long, thin and flexible. <p>Materials & Tools Used:</p> <ul style="list-style-type: none"> Felt: A textile material made by matting and pressing fibres like wool together. Sewing Needle: a thin, pointed tool used in sewing to carry thread through fabric to join the fabric together or decorate it. Thread: a thin strand of yarn used to stitch fabrics together.

DESIGN & TECHNOLOGY

Weeks 7 and 8	Weeks 9 and 10	Weeks 11 and 12
<p>You need to be able to describe these stitches:</p> <ul style="list-style-type: none"> • Running stitch A hand-sewn stitch that weaves in and out of the material. This creates a dashed line effect • Blanket stitch A hand stitch used for finishing a fabric edge. • Back stitch 2 or 3 reverse stitches to secure the stitches at the beginning and end of a seam. <p>New Tools Used this week:</p> <ul style="list-style-type: none"> • Fabric scissors: Very sharp large scissors used to cut fabric. They must be carried with the sharp end down and be used carefully. • Unpicker: also known as a seam ripper, is a small handheld tool used in sewing to remove stitches. Be careful as these too are very sharp! 	<p>Key terms this lesson:</p> <ul style="list-style-type: none"> • Synthetic Something made of artificial material, not natural items. • Natural Something made of naturally occurring substances. • Prototype A model to test a concept. <p>You will learn about the different parts of a sewing machine:</p> 	<p>Key terms this lesson:</p> <ul style="list-style-type: none"> • Evaluation: Looking at the advantages and disadvantages of something. This allows you to set a target for the next project you will complete. • Manufacture: Making your final design, in this case, your monster. <p>Top hand stitching tips:</p> <ul style="list-style-type: none"> • Use pins to secure the fabric together before you start stitching. • Plan where you will stitch, draw a stitch path in chalk to follow. • Practice the stitching technique before you start, until you are confident you remember the steps. • Take it slow, remember, you can use an unpicker to remove any mistakes.

DRAMA

Weeks 1 and 2

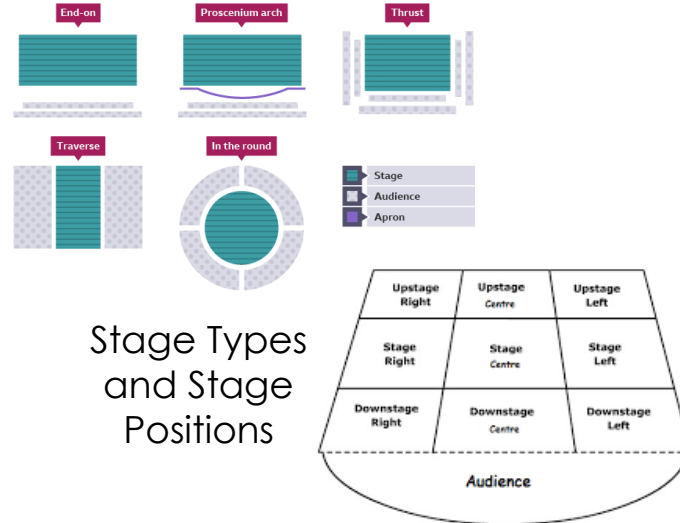
Key Words

Communication – Listening and speaking

Mime - Acting using imaginary objects



Weeks 3 and 4



Stage Types and Stage Positions

Weeks 5 and 6

Key Words

Tableau/x – a still image

Focus – staying on task, being controlled in tableau

Control – physical control, being able to keep still

Levels – using different heights to make the tableau more visually interesting

Weeks 7 and 8

Key Words

Hot-seat – asking questions, answering in role

Open ended question – require the respondent to provide more than a single-word answer

Closed question – one-word answer response

Monologue – a speech by one character

Weeks 9 and 10

Keys Words

Rehearse – to practice

Vocal Expression – Tone (emotion), Pitch (high or low), Pace (speed), Accent (change in how you say words depending on where you are from), Emphasis (stressing a particular word)

Physical Expression – Facial expressions (communicating emotions through the movements in your face), Gesture (using your body, head or hands to communicate emotion or meaning), Posture (stance), Gait (the way you walk)

Weeks 11 and 12

Key Words

Rehearse

Devising – making an original piece of drama

Tension – a growing sense of expectation

Cliff-hanger – the performance ends on a moment of high tension and is unresolved.

Performance

Audience

Feedback

ENGLISH

Week 1	Week 2	Week 3
<p>TASK- Learn the following terms using say, look, cover, write, check in your homework book.</p> <p>Lark – a small ground-dwelling songbird <u>or</u> something done for fun, especially something mischievous or daring; an amusing adventure or escapade.</p> <p>Prologue – a short opening in a book which isn't part of the main narrative, but introduces information that is important to the reader.</p> <p>Nostalgia – a sentimental longing or wistful affection for a period in the past.</p> <p><u>Prologue and Chapters 1-7 Summary</u> In the opening chapters of "The Lark" by Anthony McGowan, brothers Nicky and Kenny seek solace in nature, embarking on a countryside walk. They face small adventures and challenges, strengthening their bond. However, danger is foreshadowed through the powerful everchanging weather in the Yorkshire moors.</p> <p><u>Key Quote</u> "We better get off this hill, Kenny," I said. "Or we'll catch our bloody deaths."</p>	<p>TASK- Learn the following terms and quotations using say, look, cover, write, check in your homework book.</p> <p>Flashback – a scene in a novel, film, etc. set in a time earlier than the main story.</p> <p>Foreshadowing - a narrative device in which a storyteller gives an advance hint of what is to come later in the story.</p> <p><u>Preposition examples:</u> In front of Beneath Beside Within Above Between</p> <p>Improve your writing and analysis skills by reading other short stories such as To Build a Fire by Jack London.</p> <p><u>AllWrite Task:</u> Using prepositions, write the opening of a story that describes the setting</p>	<p>TASK- Learn the following terms using say, look, cover, write, check in your homework book.</p> <p>Pathetic Fallacy – the attribution of human emotion to inanimate objects, nature, or animals, used to evoke a mood or feeling in the setting.</p> <p><u>Chapters 8-14 Summary</u> In chapters 8-14 of "The Lark" by Anthony McGowan, Nicky and Kenny's countryside walk takes a darker turn as they encounter increasing difficulties. Their bond is tested by physical and emotional challenges, yet they find strength in each other. The journey becomes a profound exploration of survival and brotherhood.</p> <p><u>Key Quote</u> 'The trees were mainly bare, but if you looked closely you could see buds beginning to emerge – tiny firsts of life waiting to open out into a green hand'</p>

ENGLISH

Week 4	Week 5	Week 6
<p>TASK- Learn the following terms and quotations using say, look, cover, write, check in your homework book.</p> <p>Cliff-hanger – a plot device in fiction which features a main character in a precarious or difficult dilemma and the reader is left not knowing what will happen next.</p> <p>Mood - The feeling, emotion or atmosphere of a story.</p> <p>Success criteria for story opening: Include the geographical location, environment and weather. Include ambitious vocabulary that you want to include. Include some ambitious punctuation. Include writer's methods/techniques you want to use.</p> <p>AllWrite Task: Write the opening of a story using a description of the weather to establish the mood.</p>	<p>TASK- Learn the following terms using say, look, cover, write, check in your homework book.</p> <p>Symbolism – a literary device in which an image is used to represent something else.</p> <p>Imagery - the use of pictures or words to create images, esp. to create an impression or mood.</p> <p>Chapters 15 to the end Summary In the final chapters of "The Lark" by Anthony McGowan, Nicky and Kenny face their greatest trials, culminating in a life-threatening situation. Through perseverance and their deep bond, they overcome adversity. The story concludes with a sense of hope and renewal, highlighting the power of love and resilience.</p> <p>Key Quote 'And then I heard the sound. The mad, ecstatic music of the lark'</p>	<p>TASK- Learn the following terms and quotations using say, look, cover, write, check in your homework book.</p> <p>Epilogue – Section of a text that appears at the end of a story which can often occur some time after the end of a story and can provide a conclusion</p> <p>Structural features: Flashback Foreshadowing Cliff-hanger Prologue/Epilogue Symbolism</p> <p>If you enjoyed following Nicky and Kenny's story, continue to do so in Brock, Pike and Rook by Anthony McGowan.</p> <p>AllWrite Task: Write a short story about a journey that uses at least one interesting structural feature.</p>

ENGLISH

Week 7	Week 8	Week 9
<p>TASK- Learn the following terms using say, look, cover, write, check in your homework book.</p> <p>Resilience – an ability to recover from or adjust easily to misfortune or change.</p> <p>Cyclical Structure – a narrative or literary work that follows a circular pattern, where the story ends in a way that connects back to the beginning.</p> <p>Repetition - the quality of repeating an idea, phrase or word.</p> <p><u>Unstoppable by Donna Ashworth</u> "Unstoppable" by Donna Ashworth is a motivational poem celebrating resilience and inner strength. It encourages readers to embrace their imperfections, overcome obstacles, and recognize their potential. The poem emphasizes self-belief and determination, inspiring individuals to pursue their dreams fearlessly.</p> <p><u>Key Quote</u> 'But I think it was in the stopping, / that she found her power'</p>	<p>TASK- Learn the following terms and quotations using say, look, cover, write, check in your homework book.</p> <p>Semantic Field – Words, phrases or images that can be grouped together under the same category. Writers might use a semantic field to suggest an important idea.</p> <p>Kenning poem - A type of poem or riddle where the poet describes someone or something using two-word descriptions in the form of noun-adjective (I.e. wave-rider for a surfer)</p> <p><u>Flag by John Agard</u> "Flag" by John Agard is a poem that questions the power and symbolism of national flags. Through a dialogue, it explores how a simple piece of cloth can evoke strong emotions, patriotism, and even conflict, ultimately critiquing the blind allegiance they inspire.</p> <p><u>Key Quote</u> 'It's just a piece of cloth / that dares the coward to relent'</p> <p><u>AllWrite Task:</u> Create a Blackout or Kennings poem about something you are passionate about. OR Create a Blackout or Kennings poem encouraging others to be strong in the face of challenges.</p>	<p>TASK- Learn the following terms using say, look, cover, write, check in your homework book.</p> <p>Conformity – compliance with standards, rules, or laws.</p> <p>Freedom – the power or right to act, speak, or think as one wants.</p> <p><u>An Asian Child Enters a British Classroom by Debjani Chatterjee</u> "An Asian Child Enters a British Classroom" by Debjani Chatterjee explores the feelings of alienation and cultural dislocation experienced by an Asian child in a British school. It highlights the challenges of integration, identity, and the longing for acceptance in a foreign environment.</p> <p><u>Key Quote</u> 'donned that mask of neat conformity, / prepared for lessons in cultural anomymity'</p> <p><u>Poetry Comparison Thesis</u> Thesis writing is where we outline our argument for a Literature Essay. We use a three-pronged approach.</p> <p>First sentence ◊ Which poems are you comparing?</p> <p>Second sentence ◊ How do the poems link thematically to each other? What are the similar big ideas?</p> <p>Third sentence ◊ How are the poems different? What big ideas do they explore differently?</p>

ENGLISH

Week 10	Week 11	Week 12 and 13
<p>TASK- Learn the following terms and quotations using say, look, cover, write, check in your homework book.</p> <p>Enjambment – When there is no punctuation at the end of a line of poetry. It can often reflect that something is out of control, chaotic, or is overflowing.</p> <p>Identity - the fact of being who or what a person or thing is.</p> <p><u>Identity by Julio Nabo</u> "Identity" by Julio Nabo Polanco celebrates individuality and nonconformity. The poem advocates for living authentically and embracing one's uniqueness, even if it means standing alone, rather than conforming to societal expectations.</p> <p><u>Key Quote</u> 'I'd rather be a tall, ugly weed'</p> <p>Read other poems by writers such as Maya Angelou to have a better understanding of ideas in poetry such as identity, freedom and voice.</p> <p><u>AllWrite Task:</u> Compare how these two poets explore identity. Write a <u>thesis</u> statement using the sentence stems in the AllWrite booklet.</p>	<p>TASK- Learn the following terms using say, look, cover, write, check in your homework book.</p> <p>Metaphor – A comparison between two things when something is said to be something else.</p> <p>Societal expectations – implicit rules that govern one's reactions and beliefs in a way that is deemed acceptable by society.</p> <p><u>You Are More Than Beautiful by Rupi Kaur</u> "You Are More Than Beautiful" by Rupi Kaur highlights inner beauty and self-worth, encouraging readers to value their unique qualities and strengths beyond physical appearance. It promotes self-love and authentic individuality.</p> <p><u>Key Quote</u> 'the most you have to be proud of / when your spirit has crushed mountains'</p> <p><u>Poetry Comparison Thesis Structure:</u> First sentence ◇ Which poems are you comparing? Second sentence ◇ How do the poems link thematically to each other? What are the similar big ideas? Third sentence ◇ How are the poems different? What big ideas do they explore differently?</p>	<p>TASK- Learn the following terms and quotations using say, look, cover, write, check in your homework book.</p> <p>Direct Address - When the writer refers to someone, maybe even the reader, directly.</p> <p>Comparative – a consideration or estimate of the similarities or dissimilarities between two things, ideas or people.</p> <p><u>The Road Not Taken by Robert Frost</u> "The Road Not Taken" by Robert Frost reflects on life's choices through the metaphor of a traveler deciding between two paths. The poem highlights the impact of decisions, emphasizing individualism and the consequences of taking the less conventional route.</p> <p><u>Key Quote</u> 'I doubted if I should ever come back'</p> <p><u>AllWrite Task:</u> Compare how Kaur and Frost present ideas about the importance of choices. Write a <u>thesis</u> and create a <u>comparative table</u> with quotes and methods.</p>

FOOD

Week 1	Week 2	Week 3
<p>Demonstration: Fresh Fruit Salad</p> <p>Basic Safety and Hygiene Rules</p> <ul style="list-style-type: none"> Wash hands before handling food. Store food in the correct place. Cover cuts with a blue plaster. Tie back hair and wear a clean apron. Roll long sleeves up Wipe down worktops before cooking <p>Personal Hygiene - is about caring for your body by keeping it clean and healthy.</p> <p>Dish cloth - is used for wiping down worktops and dirty dishes when washing up</p> <p>Tea towel - is used for wiping clean dishes.</p> <p>Enzymic Browning -Foods such as apples, pears and bananas will turn brown when peeled, because oxygen reacts with the enzymes in the food.</p> <p>Storage - chilled items go into the fridge</p>	<p>Practical - Fresh Fruit Salad</p> <p>North Pole - South Pole - techniques for cutting fruit and vegetables.</p> <p>Knife Skills - Peeling, chopping, dicing, slicing.</p> <p>Bridge & Claw Knife Grips</p> <p>Fruits and vegetables are classified depending on which part of the plant they come from.</p> <p>Basic equipment -</p> <p>Vegetable knife - a small knife for preparing fruits and vegetables</p> <p>Mixing bowl - used for mixing items</p> <p>Chopping board - used for cutting food on</p> <p>Lemon juicer - used to extract juice from lemons or other citrus fruit.</p> <p>Most UK-grown fruit and vegetables are not available all year round.</p> <p>Eat at least 5 portions of a variety of fruit and vegetables every day.</p> <p>1 portion is roughly the amount you can fit in the palm of your hand. Eat as many different colours as possible =</p>	<p>Practical - Carrot & Coriander Soup</p> <p>Knife Skills - Peeling, chopping, dicing, slicing, grating.</p> <p>Cooking methods- boiling and simmering</p> <p>Using the hob - conduction</p> <p>Basic equipment -</p> <p>Measuring jug - used for measuring liquids,</p> <p>Peeler - used to remove skin from fruit or vegetables</p> <p>Wooden spoon - used for mixing items</p> <p>Saucepan - used for heating foods on the hob</p> <p>8 tips for healthy eating</p> <ul style="list-style-type: none"> Base your meals on higher fibre starchy carbohydrates Eat lots of fruit and vegetables Eat more fish, including a portion of oily fish Eat less salt: no more than 6g a day for adults Cut down on saturated fat and sugar Do not skip breakfast Stay hydrated Keep active and be a healthy weight



Week 4	Week 5	Week 6
<p>Practical - Fairy Cakes</p> <p>All in one method - is where all of the ingredients are added to the bowl at once and mixed together until combined</p> <p>Types of Fats - Fat is solid at room temperature and has a high melting point. Most commonly from animals.</p> <p>Oil is liquid at room temperature and has a lower melting point. Most commonly from a plant source.</p> <p>Butter - which contains vitamin D, a nutrient that is vital for bone growth and development. It also has calcium, which is essential for bone strength.</p> <p>Margarine - is a butter substitute typically made by combining water and vegetable oils, this is known as hydrogenation</p> <p>Basic equipment - Paper cases - used to bake cake mixture in, preventing the mix sticking Bun tin - piece of equipment used to bake small cakes. Teaspoon - used as a tool for measuring volume Whisk - to whisk ingredients like an egg</p>	<p>Practical - Melting Moments</p> <p>Sugar beet- Grown mainly in the UK Sugar cane- Grown in hotter climate, like South East Asia. Both used to make sugar</p> <p>Creaming method - mixing together butter (fat) and sugar until the mixture becomes light and Fluffy</p> <p>Basic equipment - Baking tray - is a flat, rectangular metal pan placed in an oven and used for baking.</p> <p>Greaseproof paper - paper which is used to line tins and baking trays with to prevent food items from sticking</p> <p>Mixing bowl - used for mixing ingredients in</p> <p>Vitamin D Sources include:</p> <ul style="list-style-type: none"> • oily fish - such as salmon, sardines, herring & mackerel • red meat • egg yolks • fortified foods - such as some fat spreads and breakfast cereals <p>Calcium – Sources of calcium include:</p> <ul style="list-style-type: none"> • milk, cheese and other dairy foods. • green leafy vegetables - such as curly kale, okra • bread and anything 	<p>Theory</p> <p>Natural sugars - Sugars in honey, syrups (such as maple), The sugars in these foods occur naturally but still count as free sugars</p> <p>Obesity - is a disease defined by excessive fat deposits that can impair health. Obesity can lead to increased risk of type 2 diabetes and heart disease, it can affect bone health and reproduction, it increases the risk of certain Cancers</p> <p>Evaluation -</p> <ul style="list-style-type: none"> • The quality of the products that you have made. • The skills that you have developed. • Equipment that you have learned how to use. • Skills or processes that you need to improve. • How you could improve the way in which you work in practical lessons. <p>Reflect - What went well? React - Even better if Retain - imbedding knowledge</p> <p>Types of sugars - Fructose, glucose, and sucrose are found naturally in fruit and some vegetables, while lactose is found in dairy and maltose is found in germinating grains.</p>

GEOGRAPHY

Week 1

Glossary:

Continents – Europe, North America, South America, Asia, Africa, Oceania and Antarctica.

Oceans – Indian Ocean, Arctic Ocean, Southern Ocean, Atlantic Ocean and Pacific Ocean.

Human geography – what people do, such as where they live, how they make money and the effects of human interactions with each other and the planet.

Physical geography – the features of the world around us (oceans, mountains, earthquakes).

Opportunities – a positive aspect that can improve development.

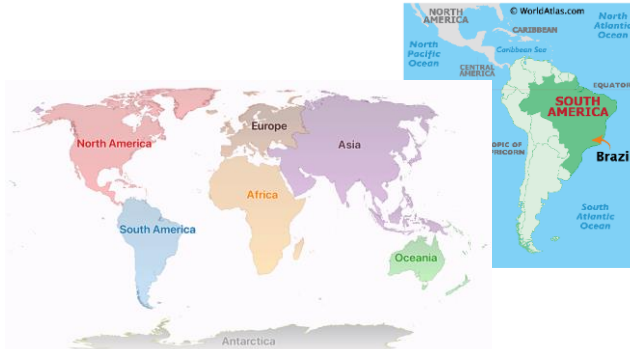
Challenges – an aspect that can slow down development.

Services – supplying a public need such as transport, communications, or utilities such as electricity and water

Mineral extraction – removal of solid mineral resources from the earth.

Geothermal energy – energy generated by heat stored deep in the Earth.

Week 2



Favela – a Brazilian shack or shanty town; a slum.

Rio de Janeiro – a city, located within Brazil in South America.

Quality of life – refers to the wellbeing of individuals or groups of people.

Latitude – distance of a place north or south of the earth's Equator.

Week 3

Glossary:

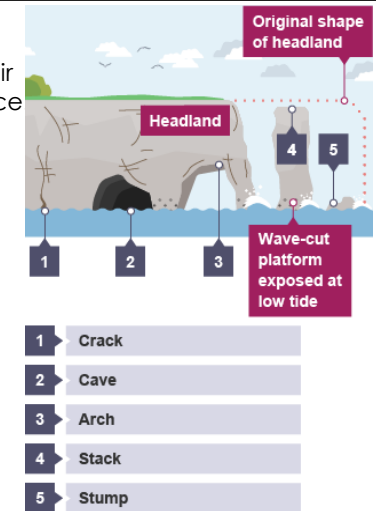
Cave – a large hole in a cliff caused by waves forcing their way into cracks in the cliff face

Arch – a wave-eroded passage through a small headland.

Stack – isolated pillar of rock left when the top of an arch has collapsed.

Stump – the stack is undercut at the base until it collapses.

Wave cut platform – rocky, level shelf at or around sea level representing the base of old, retreated cliffs.



Week 4

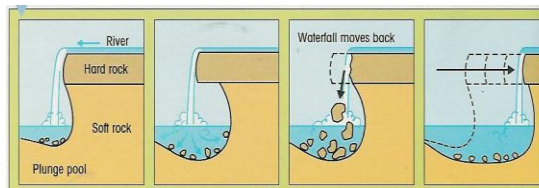
Glossary:

Mega City – a city with a population of over 10 million people.

Push Factors – factors that push people to leave where they live. For example; many doctors and hospitals offer good healthcare. Jobs are well-paid and varied. Good schools. Modern, well-built homes. Many job opportunities. Reliable clean water supply and electricity supply. Plentiful food supply. Lots of entertainment opportunities

Pull Factors – factors that attract people to an area. For example; lack of jobs other than farming. Limited electricity. Poorly built houses. Poverty. Unreliable water supply or dirty water. Hard work on farms, with long hours and poor pay. Starvation due to crop failure. Poor education facilities. Fewer doctors and no hospitals. Limited leisure opportunities.

Week 5



1. The soft rock is eroded quicker than the hard rock and this creates a step.
2. The hard rock is undercut forming an overhang.
3. Undercutting continues, increasing the size of the overhang until it is no longer supported and collapses.
4. A plunge pool begins to form at the base of the waterfall.
5. This process (undercutting, overhang, collapse) continues, and the waterfall retreats upstream.
6. A steep-sided valley is left where the waterfall once was. This is called a gorge.

Week 6

Glossary:

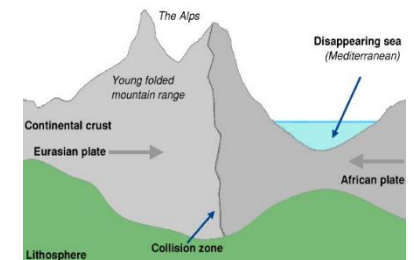
Plate tectonics – the theory used to explain the formation of Earth's major landforms.

Plate – a slab of the Earth's crust.

Crust – the thin outer layer of Earth, made of rock.

Convection currents – movement within the Earth's mantle caused by the heat of the core.

Collision plate margin – if two continental plates collide, the land buckles upwards to form fold mountains.



GEOGRAPHY

Week 7

Glossary:

Ecosystem – a community of living organisms, and their connections with the climate and the soil.

Food chain – links between organisms that feed on each other.

Herbivore – an animal that eats only plants.

Omnivore – an animal that eats a varied diet of plants and animals.

Nutrients – Plant foods.

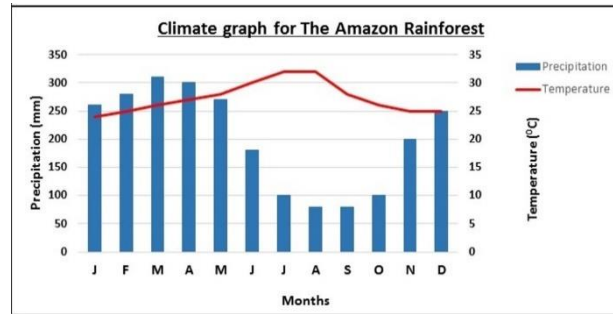
Carnivore – an animal that only eats meat.

Food web – interconnected food chains that make up a large ecosystem.

Biome - a global ecosystem, such as a tropical rainforest or desert.

Tropical rainforest - a rainforest is an area of tall, mostly evergreen trees and a high amount of rainfall. Rainforests are Earth's oldest living ecosystems, with some surviving in their present form for at least 70 million years.

Week 8



Describe - Set out characteristics.

T - Trend

E - Evidence

A - Anomaly

Week 9

Glossary:

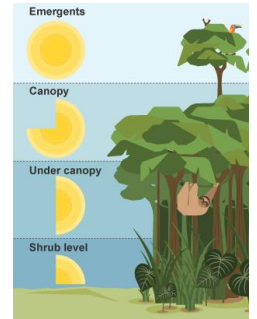
Kapok tree – fast-growing trees out compete other trees to reach sunlight (called emergent).

Epiphytes – plants that can live on branches high in the canopy to seek sunlight. They obtain nutrients from water and the air.

Lianas – woody creepers rooted to the ground but carried by trees into the canopy where they have their leaves and flowers.

Buttresses – massive ridges help support the base of the tall trees and help transport water.

Drip tip – many leaves have a 'drip tip' to allow the heavy rain to drip off the leaf.



Week 10

Glossary:

Camouflage – is the most common rainforest adaptation. It enables a creature to blend into the natural environment, protecting itself from predators and concealing itself from potential prey. For example, the green-eyed tree frog has flaps of textured skin around its body to look like tree bark.

Mimicry – some creatures pretend to be something else. For example, the katydid, a type of grasshopper, appears and behaves like a stinging wasp to deter predators. Some non-poisonous dart frogs are brightly coloured to look like their poisonous relatives.

Limited diet – the toucan only consumes fruits that other birds and animals are unable to access. Its strong beak enables it to crack open these fruits.

Habitat adaptation – many successful species have adapted to life in the treetops. Sloths have long arms and curved feet with long claws to help grip tree trunks and branches. Brown algae on their fur also provide effective camouflage.

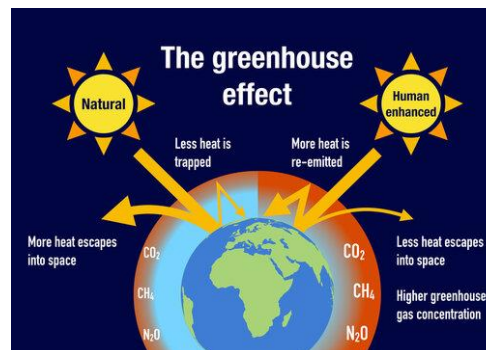
Week 11

Glossary:

Deforestation – the cutting down and removal of trees.

Causes of deforestation – logging, mining, roads, hydro-electric power (HEP), population and farming.

Impacts of deforestation – soil erosion, economic development, climate change and loss of biodiversity.



Week 12

Begin to plan for the issue evaluation

Why are tropical rainforests important?

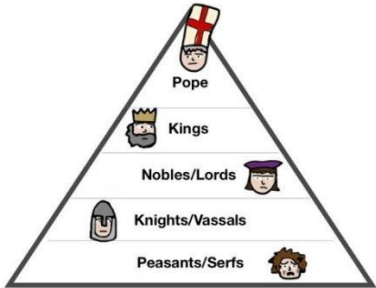
How can deforestation affect the environment?

How can people damage the rainforest?

What do you think living in Peru would be like?

Should the Peruvian government allow the development of roads in the Amazon?

HISTORY

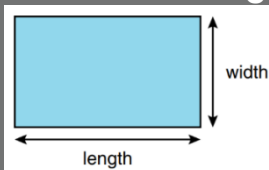
Week 1	Week 2	Week 3
<p>Britian before 1066: The Anglo Saxons The Anglo Saxon period spans the time after the Romans left England in 410 and before the Norman Conquest in 1066. England was not a united country. It was divided into separate countries. Archaeological evidence give us a good idea about what life in England was like in the period. Most people in Anglo-Saxon England lived in villages. Their houses were made of wood, clay and mud and thatched roofs.</p>	<p>1066 - Who wants to be King?</p> <p>Edgar the Atheling- Edward's closest living relative. He was only 14 years old and did not have much support.</p> <p>Harold Godwinson- He was English, and was well supported by most of the English population.</p> <p>William of Normandy-He was a Duke who controlled a large region of France.</p> <p>Harald Hardrada-A Viking King of Norway.</p>	<p>1066 - What happened at Hastings? William, Duke of Normandy invaded in the South of England three days after the Battle of Stamford Bridge. -The remaining English army had to march south, making them tired and having lost lots of men. -The two armies met outside Hastings on 14th October 1066. Harold's army was at the top of a hill, William ordered his soldiers to pretend to retreat. Harold's army ran after them, breaking their shield wall.</p>
Week 4	Week 5	Week 6
<p>1066- Castle Building and the Feudal System The Feudal System set up a way of controlling people through loyalty and land.</p> 	<p>1066- Control and conquest The Harrying of the North. William beat the rebels, and punished the English in the area by burning villages to the ground, destroying crops and animals and allowing people to starve.</p> <p>The Domesday Book helped William to gain control by finding out who owned land and how much wealth every person had so that they could be taxed.</p>	<p>Medieval Realms- the power of the Church Almost everyone believed in God, and the Head of the Catholic Church in Rome, the Pope had huge power. Monks lived in Monasteries and Nuns lived in Convents. They provided healthcare and help for the poor. The Church played an important part in everyday life. People got married and held funerals in Churches, it was where the local community met, and was important for hearing news and stories.</p>

HISTORY

Week 7	Week 8	Week 9
<p>Medieval Realms- What were the causes and consequences of the Black Death?</p> <p>The Black Death arrived in England in 1348, spreading on ships arriving from Asia.</p> <p>There were two types of plague: Bubonic Plague were 50% of people died Pneumonic Plague were 100% of people died.</p>	<p>Medieval Realms- Why were the Crusades significant?</p> <p>A Crusade is a military campaign by the Christians who wanted to retake the Holy Land from the Muslims. The Muslims who lived there saw this as an invasion. People went on crusade for money, power and religion.</p>	<p>Medieval Realms- what was life like for ordinary people?</p> <p>Most people in Medieval England lived in the countryside. As part of the Feudal System, Villeins (peasants) could not move or even marry without permission. Peasant homes were small, often just one room.</p> <p>Most people in England were incredibly poor and often did not have enough to eat. They often worked long hours and their lives depended on the food they could grow.</p>
Week 10	Week 11	Week 12
<p>Medieval Realms- Who travelled the Silk Roads?</p> <p>The "Silk Road" was a trading route stretching across Europe and Asia. Many different goods and ideas were traded between East and West along the trade route.</p> <p>New ideas were also spread, including religious ideas.</p> <p>It was not just one road, but a series of different routes, and stretched over 4000 miles.</p>	<p><u>Key Historical Terminology for extended writing</u></p> <p>Significance Why something is important Change Making something different Continuity Something that stays the same Describe Outline the key facts or ideas Explain Give reasons for details, using words and phrases like "Because" or "This was important because"</p>	<p><u>Key Historical terminology for source work</u></p> <p>Nature What a source is, such as a diary entry, a photograph? Origin Who made it, when it was made? Purpose Why was it made? Reliability Can we trust the information given or should we question it? Context What else do you know was happening at the time this source was made?</p>

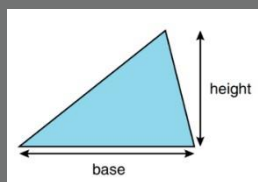
MATHS

Area of a Rectangle



$$\text{length} \times \text{width} = l \times w$$

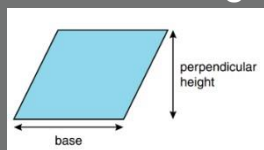
Area of a Triangle



$$\frac{1}{2} \times \text{base} \times \text{perpendicular height}$$

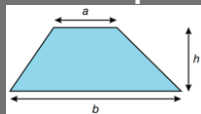
$$= \frac{bh}{2}$$

Area of Parallelogram



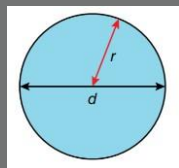
$$\text{base} \times \text{perpendicular height}$$

Area of Trapezium



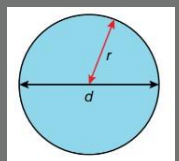
$$\frac{1}{2} (a + b)h$$

Circumference of a circle



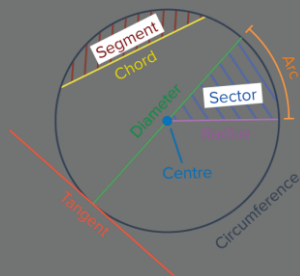
$$C = \pi \times d$$

Area of a circle

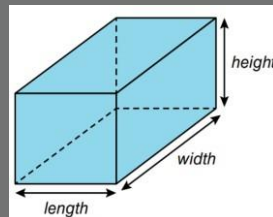


$$A = \pi \times r^2$$

Parts of a circle



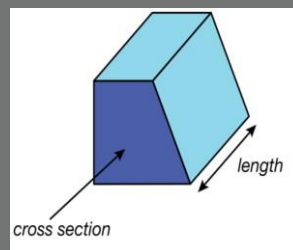
Volume of a Cuboid



$$\text{Length} \times \text{width} \times \text{height}$$

$$V = l \times w \times h$$

Volume of a Prism



$$\text{Area of cross section} \times \text{length}$$

Square Numbers

$$1^2 = 1$$

$$2^2 = 4$$

$$3^2 = 9$$

$$4^2 = 16$$

$$5^2 = 25$$

$$6^2 = 36$$

$$7^2 = 49$$

$$8^2 = 64$$

$$9^2 = 81$$

$$10^2 = 100$$

$$11^2 = 121$$

$$12^2 = 144$$

$$13^2 = 169$$

$$14^2 = 196$$

$$15^2 = 225$$

Cube Numbers

$$1^3 = 1$$

$$2^3 = 8$$

$$3^3 = 27$$

$$4^3 = 64$$

$$5^3 = 125$$

$$6^3 = 216$$

$$7^3 = 343$$

$$8^3 = 512$$

$$9^3 = 729$$

$$10^3 = 1000$$

Prime Numbers

2,3,5,7,11,13,17,

19, 23, 29, 31,

37,...

HCF: Highest
Common
Factor LCM:
Lowest
Common
Multiple

Index Rules

$$x^a \times x^b = x^{a+b}$$

$$\frac{x^a}{x^b} = x^{a-b}$$

$$(x^a)^b = x^{a \times b}$$

$$x^0 = 1$$

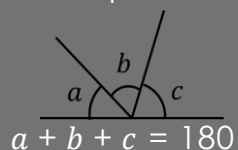
$$x^{-a} = \frac{1}{x^a}$$

$$\frac{1}{x^a} = x^{-a}$$

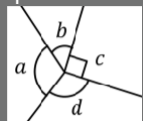
Weeks 1 through 12

Angle Rules

Angles of straight line add up to 180°

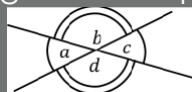


Angles at a point add up to 360°



$$a + b + c + d = 360^\circ$$

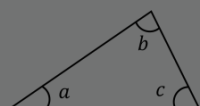
Vertically opposite angles are equal



$$a = c, \quad b = d$$

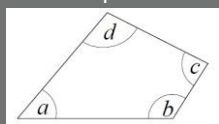
Angle Rules

Angles in a triangle add up to 180°



$$a + b + c = 180^\circ$$

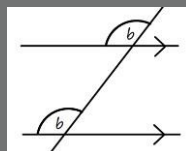
Angles in a quadrilateral add up to 360°



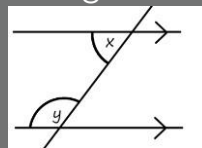
$$a + b + c + d = 360^\circ$$

Angle Rules

Corresponding angles are equal

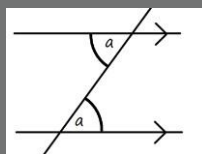


Co-interior angles add to 180°

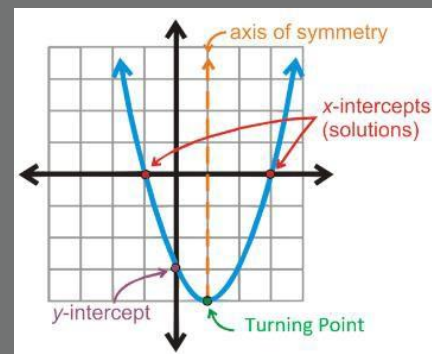


$$x + y = 180^\circ$$

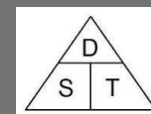
Alternate Angles are equal



Quadratic Graphs



Speed, Distance, Time



$$\text{speed} = \frac{\text{distance}}{\text{time}}$$

Gradient

$$= \frac{\text{change in } y}{\text{change in } x}$$

MATHS

- 1) Go to sparxmaths.uk
- 2) Login using your username and password
- 3) Complete your compulsory homework as follows:
 - Write the bookwork code
 - Write the question and then your workings and your answer
 - Mark your answer in a different colour
 - If you are struggling, **watch the video**
 - Your homework is complete when you have answered **every** question correctly.
 - If you are really struggling with one question, complete the other questions and ask your Maths teacher for help the next day or attend the Sparx Clinic.

X	1	2	3	4	5	6	7	8	9	10	11	12
1	1	2	3	4	5	6	7	8	9	10	11	12
2	2	4	6	8	10	12	14	16	18	20	22	24
3	3	6	9	12	15	18	21	24	27	30	33	36
4	4	8	12	16	20	24	28	32	36	40	44	48
5	5	10	15	20	25	30	35	40	45	50	55	60
6	6	12	18	24	30	36	42	48	54	60	66	72
7	7	14	21	28	35	42	49	56	63	70	77	84
8	8	16	24	32	40	48	56	64	72	80	88	96
9	9	18	27	36	45	54	63	72	81	90	99	108
10	10	20	30	40	50	60	70	80	90	100	110	120
11	11	22	33	44	55	66	77	88	99	110	121	132
12	12	24	36	48	60	72	84	96	108	120	132	144

Homework Thursday 1st June 2017

Task 1

D40 $12 + 13 = \underline{25}$ ✓

E50 $4 \times 3 + 2 \times 5 =$
 $12 + 10 = \underline{22}$ ✓

F60 $\begin{pmatrix} 12 : 18 \\ 2 : 3 \end{pmatrix} \div 6$ ✓

H70 $\frac{1}{14} + \frac{1}{7} = \frac{1}{21}$ ✗

J90 $\frac{1}{8} + \frac{1}{4} = \frac{1}{8} + \frac{2}{8}$
 $= \frac{3}{8}$ ✓

A01 $\begin{array}{r} +493 \\ 162 \\ \hline 655 \end{array}$ ✓

B11 Area = 3×14
 $\times 14$
 $\frac{42}{3}$ Area = $\underline{42 \text{ cm}^2}$ ✓

C21 $\frac{1}{33} + \frac{1}{11} = \frac{1}{33} + \frac{3}{33}$
 $= \frac{4}{33}$ ✓

D31 $3^2 = 3 \times 3$
 $= \underline{9}$ ✓

E41 P(yellow) = $\frac{3}{6}$ ✗

F51 P(black) = $\frac{4}{8}$
 $= \frac{1}{2}$ ✓

Task 2

G61 All the marbles are green
 The probability of choosing a purple marble is impossible ✓

H71 P(odd) = $\frac{3}{5}$ ✓

Task 3

J22 Even ✓

K32 Unlikely ✗

L42 B, A, C ✓

















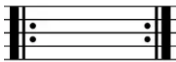

C03 4 more blue balls ✓

D13 4 black, 2 red, 2 blue
 The probability of picking black is evens: Bag E ✓

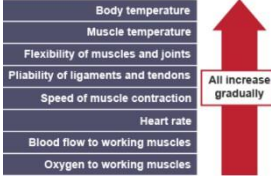


E23 B ✓



MUSIC

Week 1 and 2	Week 3 and 4	Week 5 and 6																											
<p>The Orchestra: An orchestra is a large ensemble of musicians, typically divided into sections that perform a wide range of musical compositions under the direction of a conductor.</p> <p>There are four families of instruments:</p> <p>Strings: Violin, Viola, Cello, Double Bass</p> <p>Woodwind: Piccolo, Flute, Clarinet, Oboe, Bassoon</p> <p>Brass: Trumpet, French Horn, Trombone, Tuba</p> <p>Tuned Percussion: Xylophone, Glockenspiel, Timpani, Tubular Bells</p> <p>Untuned Percussion: Gong, Bass Drum, Snare Drum, triangle, cymbals.</p> <p>Conductor: person who leads and directs an orchestra or choir, ensuring unified interpretation, timing, and expression of a musical performance. Timbre: the unique sound quality of each instrument or playing technique.</p>	<p>Rhythm: the pattern of long and short sounds as you move through a piece of music.</p> <p>Pulse: the constant regular underlying beat like a beating heart or ticking clock.</p> <p>Graphic Score: a visual representation of musical ideas using symbols, shapes, and images rather than traditional musical notation, allowing for more interpretive freedom in performance.</p> <p>Polyrhythm: the simultaneous use of two or more contrasting rhythms, creating a complex and layered rhythmic texture.</p> <p>Body Percussion: creating rhythmic sounds and patterns using the body, such as clapping, stomping, snapping fingers, or patting various body parts, often used in lieu of traditional instruments.</p>	<table border="1"> <thead> <tr> <th data-bbox="1451 300 1608 368">American / German note names</th> <th data-bbox="1608 300 1760 368">British note names</th> <th data-bbox="1760 300 1912 368">Note symbols</th> <th data-bbox="1912 300 2065 368">Note value</th> </tr> </thead> <tbody> <tr> <td data-bbox="1451 368 1608 456">Whole note</td> <td data-bbox="1608 368 1760 456">Semibreve</td> <td data-bbox="1760 368 1912 456"></td> <td data-bbox="1912 368 2065 456">4 beats</td> </tr> <tr> <td data-bbox="1451 456 1608 568">Half note</td> <td data-bbox="1608 456 1760 568">Minim</td> <td data-bbox="1760 456 1912 568"></td> <td data-bbox="1912 456 2065 568">2 beats</td> </tr> <tr> <td data-bbox="1451 568 1608 655">Quarter note</td> <td data-bbox="1608 568 1760 655">Crotchet</td> <td data-bbox="1760 568 1912 655"></td> <td data-bbox="1912 568 2065 655">1 beat</td> </tr> <tr> <td data-bbox="1451 655 1608 743">Eighth note</td> <td data-bbox="1608 655 1760 743">Quaver</td> <td data-bbox="1760 655 1912 743"></td> <td data-bbox="1912 655 2065 743">1/2 of a beat</td> </tr> <tr> <td data-bbox="1451 743 1608 831">Sixteenth note</td> <td data-bbox="1608 743 1760 831">Semiquaver</td> <td data-bbox="1760 743 1912 831"></td> <td data-bbox="1912 743 2065 831">1/4 of a beat</td> </tr> </tbody> </table>				American / German note names	British note names	Note symbols	Note value	Whole note	Semibreve		4 beats	Half note	Minim		2 beats	Quarter note	Crotchet		1 beat	Eighth note	Quaver		1/2 of a beat	Sixteenth note	Semiquaver		1/4 of a beat
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Week 7 and 8	Week 9 and 10	Week 11 and 12																											
<p>Time Signature: two numbers written at the beginning of a musical score that indicates the number of beats per bar and type of beat.</p> <p>4/4: a time signature that indicates there are 4 quarter notes/crotchets per bar. This is simple quadruple time.</p> <p>Tempo marking: Specifies the speed or pace at which a piece of music should be played.</p> <p> = 90 indicates 90 beats per minute.</p> <p>Dynamics: The volume of the music.</p> <p>f – forte - loud</p> <p>p – piano - soft</p>	<p>3/4: a time signature that indicates there are 3 quarter notes/crotchets per bar. This is simple triple time.</p> <p>Repeat Marks: instruct the performer to go back and repeat a section of music.</p>  <p>Articulation: How notes are played or shaped.</p> <p>Accent: is a stress or emphasis placed on a particular note or chord to create emphasis or prominence within a phrase or passage.</p> 	<p>Chant: is a monophonic vocal composition characterized by a simple melody usually vocalized or spoken instead of sung. (Monophonic means one sound)</p> <p>Rap: the rhythmic delivery of spoken or chanted lyrics, often accompanied by a beat or instrumental track</p> <p>Word setting: the process of composing rhythms or melodies that match the natural rhythms and accents of the lyrics being sung or spoken.</p> <p>Syllabic: a style of text setting where each syllable of the lyrics is sung to a single note or pitch.</p> <p>Performance skills:</p> <p style="text-align: center;">Confidence Fluency Accuracy</p> <p style="text-align: center;">Demonstrating Key Musical Characteristics</p>																											



Week 1 and Week 2	Week 3 and Week 4	Week 5 and week 6
<p>A successful learner in PE is a student who is,</p> <ul style="list-style-type: none"> - Organised - On time - Determined - Enthusiastic - Engaged - Not afraid to take on new challenges. <p>▪ A warm-up should be completed before taking part in exercise/ sport and is important as it physically and mentally prepares a person for exercise.</p>	<p>The phases of a warming up</p> <p>1: The Pulse Raiser</p>  <ul style="list-style-type: none"> ▪ This involves running/ jogging around an area and can be in the form of a game (stuck in the mud). ▪ A pulse raiser increases the heart rate and blood flow to the working muscles; increases the breathing rate and body temperature. 	<p>The phases of a warming up</p> <p>2: Dynamic and Mobility Movements</p>  <ul style="list-style-type: none"> ▪ This involves performing stretches whilst moving. ▪ It increases the range of movement at the joints; keeps the heart rate and body temperature elevated; and can help to reduce the risks of injuries.
<p>Be Prepared</p> <p>Being prepared means being ready. It requires time, effort, and planning. Being prepared can help you avoid mistakes and cope with challenges and changes.</p>	<p>Effort</p> <p>Effort is a physical or mental activity needed to achieve something. In PE it is important to apply yourself to achieve your potential.</p>	<p>Competence</p> <p>Physical competence refers to an individual's ability to develop movement skills and patterns. Physical competence enables an individual to participate in a wide range of physical activities and settings.</p>
Week 7 and Week 8	Week 9 and Week 10	Week 11 and Week 12
<p>The phases of a warming up</p> <p>3: Skill Rehearsal</p> <ul style="list-style-type: none"> ▪ This involves using some sport specific equipment and performing similar movements which are required in the game. ▪ A skill-based activity physically and mentally prepares the participants for the demands of the main activity 	<ul style="list-style-type: none"> ▪ A cool down is important as it lowers the body temperature; heart rate; breathing rate and returns the body to its normal resting state. A cool down involves performing static stretches which can help to remove lactic acid; reduce muscle soreness the following day and reduce the risk of injury. Static stretches should be held for 8 - 12 seconds. 	
<p>Providing Feedback</p> <p>Feedback in sport tells performers how well they performed. It is important to tell the performer what they did well and what they need to improve on.</p>	<p>Acting on Feedback</p> <p>This can be challenging but its important to accept the compliments and acknowledge the criticism to make improvements to your performance.</p>	<p>Performance</p> <p>Using physical competence and knowledge and understanding of physical activity to produce effective outcomes when participating in physical activity.</p>

Week 1 and 2

Common Features of Religions:

Material	Physical objects used by the religion e.g. Holy books or places of worship
Ethical	Rules and regulations e.g. the 10 Commandments
Experimental	Contact with the divine e.g. miracles and religious experiences
Mythical	Stories and narratives e.g. Noah's Ark
Ritual	Set actions and practices of significance e.g. infant baptism
Doctrinal	Core beliefs and values e.g. Hindu belief in the Trimurti
Social	Community practices e.g. Sunday service or festivals such as Eid

Week 3 and 4

God and Abraham

Divine Characteristics of God:

Omnipotent (all-powerful), omniscient (all knowing), omnipresent (everywhere), benevolent (loving), creator, judge.

Abraham:

One of the key patriarchs of Judaism and the man who established the covenant between God and Abraham's people

The Binding of Isaac:

The biblical story in which Abraham offers his son Isaac as a sacrifice to God

Covenant:

The agreement that Abraham's people will worship God in return for his protection

Week 5 and 6

Joseph

Joseph's Background and Family:

Joseph is the youngest of 12 brothers and a descendant of Abraham through the line of David.

The Story of Joseph:

Joseph's dreams, being sold into slavery by his jealous brothers, his successes and struggles first as a slave and later as an advisor to the Pharaoh.

Joseph's Judgement:

Joseph testing his brothers before agreeing to help them.

Joseph's Faith in God:

The nature of Joseph's unbreakable faith and trust in God despite the trials and suffering he has to endure.

Week 7 and 8

Moses and the Festival of Passover

The story of Moses:

His birth as a Hebrew slave, being raised as the son of the Pharaoh, his flight from Egypt and reconnecting with his people. Moses becomes the chosen Prophet of God, tasked with freeing the Hebrews from slavery in Egypt

The 10 Plagues:

God sent 10 plagues to Egypt to try and convince the Pharaoh to let the Hebrew slaves go including turning water into blood, swarms of locusts and the death of the first born children.

Pesach (Passover):

The festival of Pesach marking the protection of the Hebrews from the plagues, including the Sedar meal and its contents

Week 9 and 10

The Torah and the Synagogue

The Torah:

Also called the Old Testament, consists of the five books of Moses:

Genesis
Exodus
Leviticus
Numbers
Deuteronomy

Key Features of a Synagogue:

Ark (where the Torah scrolls are kept)
Eternal Light - representing the eternal presence of God
Bimah - raised platform from where the Torah is read
Rabbi - spiritual leader of the Jewish community

Week 11 and 12

Shabbat and Jewish Festivals

Shabbat:

Celebrating the creation of the universe by God and the day of rest. Shabbat is performed weekly and involves prayers and a special meal

Yom Kippur:

The Jewish New Year, celebrated with a festive meal and time in prayer at the Synagogue

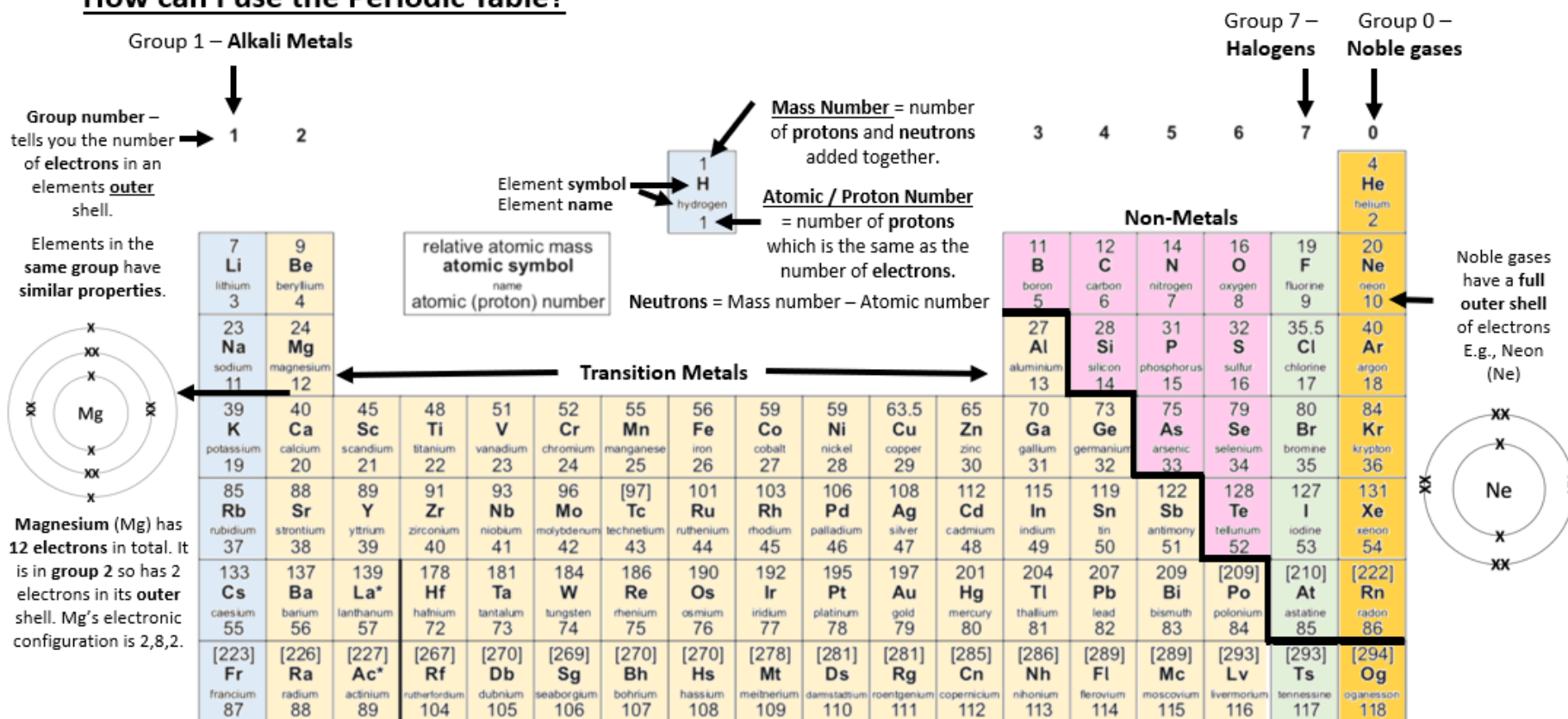
Rosh Hashanah:

Festival of atonement where Jews reflect on their actions and make apologies to God

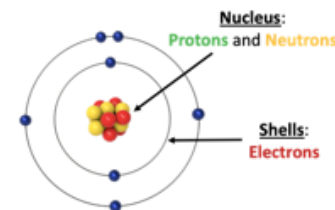
Hanukkah:

A celebration of the liberation of the Temple and the miracle of the everlasting light

How can I use the Periodic Table?



Subatomic Particle	Mass	Charge
Proton	1	+1
Neutron	1	0
Electron	Negligible	-1



SCIENCE

Year 7 Science Knowledge Organiser Learning Cycle 3

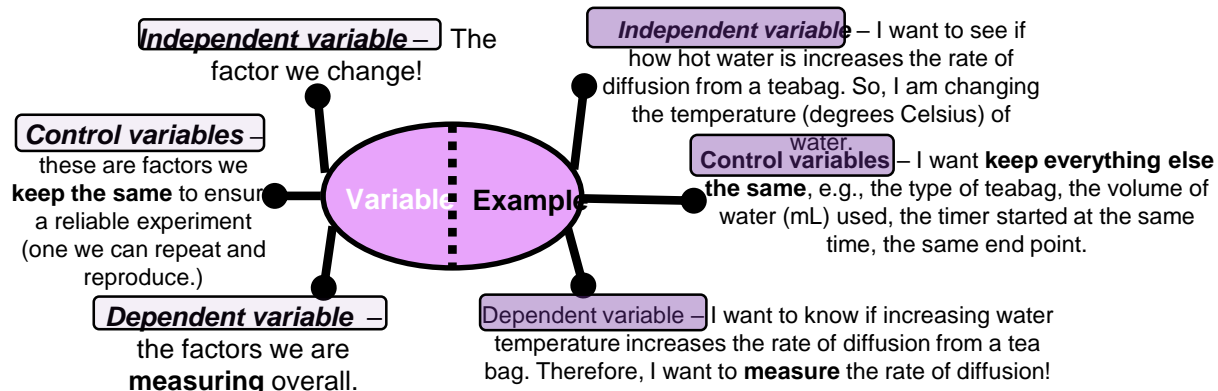
Key words	Definition
Independent variable	The variable you change in an investigation
Dependent variable	The variable you measure in an investigation
Control variable	The variable you keep the same in an investigation
Hypothesis	A prediction of what will happen in an investigation
Reliability	We use control variables to ensure a reliable experiment
Reproducible	To re-do our experiment and get similar results due to a reliable method
Mean	Doing an experiment 3 times then dividing by 3 to get an average
Fair test	An experiment where only the independent variable changes.
Anomalous result	Result that does not fit with the rest of the data.

1. Designing and performing experiments

- Repeatable** – The **same** person gets the **same results** after repeating the experiment using the same method and equipment.
- Reproducible** – Similar results can be achieved by **someone else** or using a **different method/piece of equipment**.
- Accurate** – Results are close to the true answer
- Precise** – data is **close to the mean** (or the average!)

For data to be **reliable**, it must be **repeatable and reproducible**

2. The Variables



3. Presenting Data



Scale – evenly spread

Plot – draw with a small, neat 'x'

Line of best fit

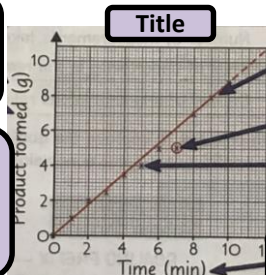
Axis – both X (bottom) and Y (side) axis have **titles and units!**

Title

Axis:

Dependent variable on Y-axis with unit.

We must always draw a graph with a **pencil** using a **ruler!**



Drawing conclusions from data:

- State the **relationship** between the independent and dependent variable, e.g., 'as the time increases the product formed increases.'
- Use **statistics to support your answer**. 'For example, at 10 minutes there was 50g of product, compared to 160g at 20 minutes'
- Refer to the original hypothesis – does the data support this?

When **evaluating** think of the **positives** and **negatives** of the method (the validity - did they use enough controls? And of the results – were results **reliable, accurate, reproducible?**) and come to an overall **conclusion**.

SCIENCE

What enrichment opportunities can enhance my understanding of science?

Science reading opportunities

Reciprocal Reading
The Fab 5

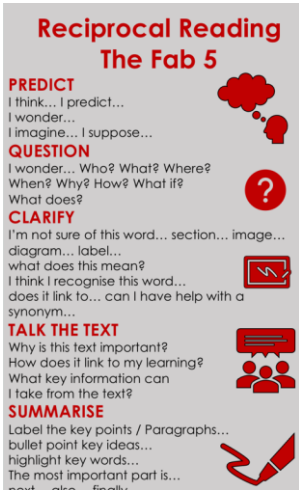
PREDICT
I think... I predict...
I wonder...
I imagine... I suppose...

QUESTION
I wonder... Who? What? Where?
When? Why? How? What if?
What does?

CLARIFY
I'm not sure of this word... section... image...
diagram... label...
what does this mean?
I think I recognise this word...
does it link to... can I have help with a synonym...

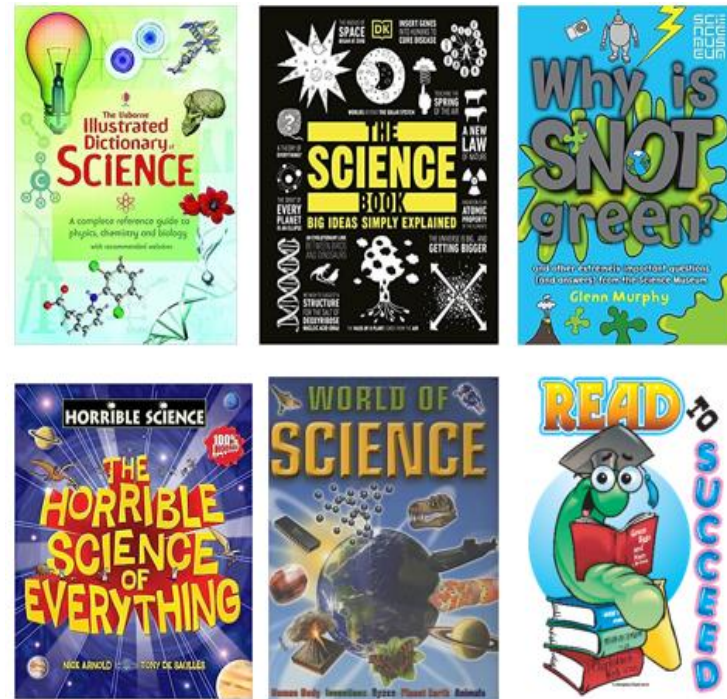
TALK THE TEXT
Why is this text important?
How does it link to my learning?
What key information can I take from the text?

SUMMARISE
Label the key points / Paragraphs...
bullet point key ideas...
highlight key words...
The most important part is...
next time... finally



Science discovery websites:

1. [Spectacular Science \(nationalgeographic.com\)](http://Spectacular Science (nationalgeographic.com)) 
2. KS3 Science - BBC Bitesize 
3. [Science Experiments for Kids - Science Experiments for Kids \(science-sparks.com\)](http://Science Experiments for Kids - Science Experiments for Kids (science-sparks.com)) 
4. [Discover | Natural History Museum \(nhm.ac.uk\)](http://Discover | Natural History Museum (nhm.ac.uk)) 
5. Cornwall Wildlife Trust | Cornwall Wildlife Trust 
6. Eden at home | Eden Project 
7. NASA 



STEM Club (Science, technology, engineering and maths)

SCIENCE

Week 1 – How Science Works	Week 2 – States of Matter	Week 3 – States of Matter
<p>Safety in the Lab: A hazard is something that could potentially cause harm. The risk is the chance a hazard will cause harm.</p> <p><u>Independent variable</u>: something you change in an investigation in order to investigate how it affects the outcome.</p> <p><u>Dependent variable</u>: something you measure in an investigation in order to decide how the investigation was affected.</p> <p><u>Control variable</u>: something kept the same in an investigation to avoid affecting the outcome.</p> <p><u>Reliable</u>: data collected that is both repeatable and reproducible.</p> <p><u>Anomalous results</u>: results that do not fit the pattern of the rest of the data.</p>	<p>Particle Model:</p> <ul style="list-style-type: none"> • Solids are regularly arranged with particles close together that vibrate on a fixed spot. • Liquids are randomly arranged with particles close together that move around each other. • Gases are randomly arranged with particles far apart that move quickly in all directions. <p><u>Particle</u>: tiny object too small to be seen with a microscope.</p> <p><u>Force of Attraction</u>: a force that holds together particles.</p> <p>Physical changes: easily reversible. no new substances are formed.</p>	<p><u>Evaporate</u>: change from liquid to gas at the surface of a liquid at any temperature.</p> <p><u>Boil</u>: change from liquid to gas of all the liquid at its boiling point.</p> <p><u>Condense</u>: change from gas to liquid when the temperature drops to the boiling point.</p> <p><u>Melt</u>: change from solid to liquid when the temperature rises to the melting point.</p> <p><u>Freeze</u>: change from liquid to solid when the temperature drops to the melting point.</p> <p><u>Atom</u>: the smallest particle of an element that can exist.</p> <p><u>Element</u>: a substance made up of only one type of atom.</p> <p><u>Compound</u>: a substance made up of 2 or more atoms of different elements, chemically bonded together.</p>

SCIENCE

Week 4 – States of Matter	Week 5 – Cells and The Human Body	Week 6 – Cells and The Human Body
<p>Periodic table: The periodic table shows all the elements that have been discovered.</p> <p>The vertical columns are called groups.</p> <p>The horizontal rows are called periods.</p> <p>Metals are found on the left of the periodic table.</p> <p>Non-metals are found on the right of the periodic table.</p> <p>Consolidation and formative assessment Reflection and improvement</p>	<p>Stage: the flat ledge the slide sits on with a microscope.</p> <p>Total magnification = eye piece lens magnification × objective lens magnification.</p> <p>Organelles: tiny structures which carry out various functions within a cell</p> <p>Cells: the basic unit of all living organisms. Nucleus: contains genetic material that controls the activities of the cell.</p> <p>Cytoplasm: Gel-like substance where most chemical reactions happen.</p> <p>Cell Membrane: Controls what enters and leaves the cell.</p> <p>Mitochondria: Where aerobic respiration occurs.</p> <p>Ribosomes: where proteins are made in the cell.</p> <p>Cell Wall: Strengthens and supports plant cells.</p> <p>Vacuole: Contains cell sap in plant cells.</p> <p>Chloroplasts: Where photosynthesis occurs, contain chlorophyll.</p> <p>Unicellular: a living thing that is just one cell, e.g. bacteria.</p>	<p>Specialised cells: have components that allow them to complete a specific purpose (in animals include red blood cells, sperm, eggs, nerve cells, muscle cells, ciliated cells, and villi).</p> <p>Cells: the basic unit of all living organisms. Tissues: groups of similar cells that work together to perform a specific function (brain tissue, muscle tissue and heart tissue).</p> <p>Organs: different tissues working together to carry out a particular function (brain, heart, lungs, stomach, intestines, liver, kidneys, bladder and skin).</p> <p>Organ system: a group of organs that work together to do a job.</p> <p>Oestrogen: Controls puberty in females.</p> <p>Testosterone: Controls puberty in males.</p>

SCIENCE

Week 7 – Cells and The Human Body	Week 8 – Cells and The Human Body	Week 9 – Energy Stores and Transfers
<p>Ovary: Organ which contains eggs.</p> <p>Oviduct, or fallopian tube: Carries an egg from the ovary to the uterus and is where fertilisation occurs.</p> <p>Uterus/womb: Where a baby develops in a pregnant woman.</p> <p>Sperm Duct: Tubes leading from the testes.</p> <p>Penis: 2 functions: to pass urine and produce semen.</p> <p>Testes: Male organ that produces sperm.</p> <p>Urethra: Tube in the penis that carries urine or semen.</p> <p>Menstruation: The buildup and break down of the uterus lining.</p> <p>Ovulation: Release of an egg from an ovary at around day 14.</p> <p>Fertilisation: fusing of sperm and egg cells.</p> <p>Gametes: sex cells (eggs and sperm).</p> <p>Zygote: A fertilised ovum (egg cell) before it has divided into an embryo.</p>	<p>Gestation: the length of pregnancy.</p> <p>Placenta: Organ that provides the foetus with oxygen and nutrients and removes waste substances.</p> <p>Amniotic fluid: Liquid that surrounds and protects the foetus.</p> <p>Amniotic sac: Produces amniotic fluid.</p> <p>Umbilical cord: Connects the foetus to the placenta.</p> <p>Cervix: Ring of muscle below the uterus that keeps the baby in place.</p> <p>Fetus: unborn baby.</p> <p>Heredity: the process by which genetic information is transmitted from one generation to the next.</p> <p>DNA: the genetic code which makes up genes, which are responsible for giving an organism a specific characteristic.</p> <p>Watson and Crick, with help from Franklin and Wilkins, discovered the double helix structure of DNA in 1953.</p>	<p>Energy is stored in seven ways: thermal, kinetic, chemical potential, gravitational potential, elastic potential, electrostatic and magnetic.</p> <p>Energy is transferred from one store to another in four ways: mechanically, electrically, by heating, by radiation.</p> <p>The units of energy are Joules. Energy cannot be created or destroyed, only transferred from one store to another.</p> <p>Non renewable, or finite sources, are energy resources that will one day run out.</p> <p>Renewable resources are ones which will never run out.</p> <p>Fossil fuels include coal, oil and gas and are all finite resources.</p>

SCIENCE

Week 10 – Energy Stores and Transfers	Week 11 – Energy Stores and Transfers	Week 12 – Assessment and Improvement Week
<p>Power is the amount of energy transferred per second.</p> <p>Power is measured in Watts (W).</p> <p>One Kilowatt equals one thousand Watts.</p> <p>One Kilowatt-hour is the amount of energy transferred by an appliance every hour.</p> <p>Energy that is not transferred usefully is dissipated.</p> <p>Thermal insulators are poor conductors of heat, they allow heat to transfer only very slowly through them.</p> <p>Thermal conductors allow heat to transfer quickly through them.</p> <p>Temperature measures the kinetic energy of particles.</p> <p>Temperature is measured in degrees Celsius.</p> <p>Thermal energy can be transferred by conduction in solids.</p> <p>Thermal energy can be transferred by convection in fluids.</p>	<p>Thermal energy can be transferred by radiation, and does not need any particles.</p> <p>Infrared radiation is an electromagnetic wave.</p>	<p>Consolidation</p> <p>Assessment</p> <p>Reflection and improvement</p>

SPANISH

Numbers	Alphabet	Classroom language		Essential grammar	
		Español	Inglés	Español	Inglés
1. uno	a = ah	¿Cómo se dice.... en español/inglés?	How do you say... in Spanish/English?	Tener	To have
2. dos	b = beh	¿Cómo se escribe...?	How do you spell...?	tengo	I have
3. tres	c = theh	¿Cómo se pronuncia?	How do you pronounce (it)?	tienes	you have
4. cuatro	d = deh	¿Me das ?	Can you give me...?	tiene	he/ she/ it has
5. cinco	e = eh	¿Puedes repetir?	Can you repeat that?	tenemos	we have
6. seis	f = effeh	¿Puedo ir a mi clase de música?	Can I go to my music class?	tenéis	you (pl) have
7. siete	g = heh	(No) entiendo	I (don't) understand	tienen	they have
8. ocho	h = atcheh	Lo siento	I'm sorry	¿tienes...?	do you have?
9. nueve	i = ee	(Casi) he terminado	I have (almost) finished	Ser	To be
10. diez	j = hota	por favor	please	soy	I am
11. once	k = kah	gracias	thank you	eres	you are
12. doce	l = eleh	Objetos en la clase	Classroom objects	es	he/she is
13. trece	m = emeh	un bolígrafo	a pen	somos	we are
14. catorce	n = eneh	una regla	a ruler		
15. quince	ñ = enyeh	un móvil	a mobile phone	sois	you (pl) are
16. dieciséis	o = o	un cuaderno	an exercise book	son	they are
17. diecisiete	p = peh	Phonics - Sound Symbol Correspondence (SSCs) These sounds never change!			
18. dieciocho	q = koo	a = ca <u>t</u> e = e <u>gg</u> i = fe <u>et</u> o = ho <u>t</u> u = wo <u>o</u>			
19. diecinueve	r = erreh	ca - ce - ci - co - cu			
20. veinte	s = esseh	Stick your tongue out like the English /th/ for /ce/ and /ci/ and also z, /que/ = ke - /qui/ = key			
21. veintiuno	t = teh	ga - ge - gi - go - gu			
22. veintidós	u = oo	Soft /g/ sound, except for /ge/ and /gi/ these are pronounced like a Spanish /j/ in the back of your throat. Soft /gue/ = ge <u>t</u> and /gui/ = ge <u>ese</u>			
23. veintitrés	v = oobeh	h = silent, ll = like an English y, v like an English b, ñ = ny, roll your rs if they come at the beginning of a word, or are a double rr			
24. veinticuatro	w = oobeh				
25. veinticinco	dobleh				
26. veintiséis	x = eh kis				
27. veintisiete	y = ee gri egah				
28. veintiocho	z = theta				
29. veintinueve					
30. treinta					
31. treinta y un					

SPANISH

Possessive adjectives		The present tense Chop and Swap Remove the 'ar/er/ir' from the end of the verb, put a new ending back	
mi/mis	my	-ar verbs (I speak = hablo)	
tu/tus	your	I	o
su/sus	his/ her/ their	you	as
nuestro/a	our	he/ she	a
nuestros/as	our + plural	we	amos
su/ sus	their	you (pl)	áis
Connectives		they	an
cuando	when	-er verbs (I drink = bebo)	
y	and	I	o
o	or	you	es
también	also	he/ she	e
pero	but	we	emos
además	in addition	you (pl)	éis
sin embargo	however	they	en
porque	because	-ir verbs (I live = vivo)	
dado que	given that	I	o
ya que	as (because)	you	es
		he/ she	e
		we	imos
		you (pl)	ís
		they	en
key -ir verbs		Personalisation	
vivir	to live		
abrir	to open		
describir	to describe		
escribir	to write		

SPANISH

Week 1 – Days and Dates

Hoy es...	Today is...
lunes	Monday
martes	Tuesday
miércoles	Wednesday
jueves	Thursday
viernes	Friday
sábado	Saturday
domingo	Sunday
enero	January
febrero	February
marzo	March
abril	April
mayo	May
junio	June
julio	July
agosto	August
septiembre	September
octubre	October
noviembre	November
diciembre	December
¿Cuándo es tu cumpleaños? Mi cumpleaños es el de	

Week 2 – Who I Live With

En mi familia hay...	In my family there is...
(No) tengo...	(I (don't) have...
Vivo con...	I live with
mi	my
mis	my
padre	father
padrastra	stepfather
cuidador	carer
hermano mayor	older brother
hermano menor	younger brother
hermanastro	stepbrother
tío	uncle
abuelo	grandfather
primo	cousin
madre	mother
madrastra	stepmother
hermana mayor	older sister
hermana menor	younger sister
hermanastra	stepsister
tía	aunt
abuela	grandmother
prima	cousin
gemelo	twin
soy hijo único	I'm an only child (boy)
soy hija única	I'm an only child (girl)

Week 3 – My Animals

(No) tengo...	I (don't) have...
Me gustaría tener...	I would like to have
Tenía...	I used to have ...
un gato	a cat
un perro	a dog
un pájaro	a bird
un pez	a fish
un conejo	a rabbit
Personalisation	
1.	
2.	
3.	
Colores	Colours
marrón	brown
negro	black
blanco	white
gris	grey
rojo	red
rosa	rose
verde	green
azul	blue
naranja	orange
amarillo	yellow

SPANISH

Week 4 – Describing People

Tengo el pelo...	I have the hair...
Tiene el pelo...	He/she has the hair...
marrón	brown
rubio	blond
negro	black
gris	grey
pelirrojo	red
corto	short
largo	long
1.	
2.	
Tengo los ojos...	I have the eyes...
Tiene los ojos...	He/she has the eyes...
marrones	browns
grises	
verdes	
azules	
1.	
(No) llevo gafas	I (don't) wear glasses
(No) lleva gafas	He/she (doesn't) wear glasses
¿Puedes describir las personas con quien vives?	

Week 5 – Describing People (Ser)

¿Cómo eres?	What are you like?
¿Cómo es?	What is he/she like?
(No) soy...	I am (not)...
(No) es	he// she is(n't)
muy	very
bastante	quite
un poco	a little
alto	tall
bajo	short
1.	
2.	
(No) soy...	I am (not)...
(No) es	He/she is (not)....
amable	kind
simpático	nice
amable	friendly
callado	quiet
divertido	fun
aburrido	boring
feliz	happy
1.	
2.	
key -ar verbs	
hablar	to talk
bailar	to talk
ayudar	to help
escuchar	to listen
estudiar	to study

Week 6 – A Typical Day

¿A qué hora...?	At what time ...?
a	at
a la una	at one o'clock
a las <u>dos</u>	at <u>two</u> o'clock
a las <u>tres</u> y media	at half past <u>three</u>
a las <u>siete</u> y cuarto	at quarter past <u>four</u>
a las <u>ocho</u> menos <u>diez</u>	at <u>ten</u> to <u>eight</u>
muy temprano	very early
por la mañana	in the morning
por la tarde	in the afternoon
al mediodía	at midday
normalmente	normally
de vez en cuando	from time to time
todos los días	every day
a menudo	often
a veces	sometimes
los domingos	on Sundays
los martes	on Tuesdays
los fines de semana	at the weekends
key -er verbs	
aprender	to learn
leer	to read
beber	to eat
comer	to drink